

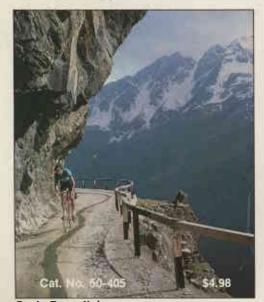
PALO ALTO BICYCLES 1984/85 CATALOG



Gavia Pass, Italy



Grosse Scheidegg Pass, Switzerland



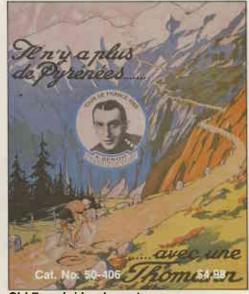
Gavia Pass, Italy



Woodside, California



Nevada City, California



Old French bicycle poster

# Color Posters 24" x 36"

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**The Cover:** Two triathletes pass each other training on California Highway 1 near Half Moon Bay.

# **Avocet Jerseys**



**Avocet Jerseys** are made from 100% polypropylene. Their fabric is the result of extensive research and development by Avocet and is specifically designed for cycling. Polypropylene is accepted by cross country skiers because of its functional advantages over traditional fabrics. It is increasingly popular with cyclists because:

- Polypropylene keeps you dry and comfortable by wicking perspiration at twice the rate of wool.
- Polypropylene absorbs essentially no moisture—only 10% of wool's moisture regain—leaving it free to maintain temperature and dryness.
- Polypropylene has lower thermal conductivity than wool—better insulation and more comfort whether conditions are hot or cold.

These American designed and manufactured jerseys are traditionally styled with two back pockets, correct length, and careful detailing. They offer the latest in fabric technology with better durability, shape retention, and texture than other polypropylenes. Machine washable and very fast drying. **Colors:** Navy blue with royal blue panel, royal blue with yellow panel, powder blue with slate blue panel, red with navy blue panel, burgundy with yellow panel, slate blue with black panel. **Sizes:** XS, S, M, L, XL. *Sizing information on order form.* 

Cat. No. 1-401 Specify size and color.

\$29.98





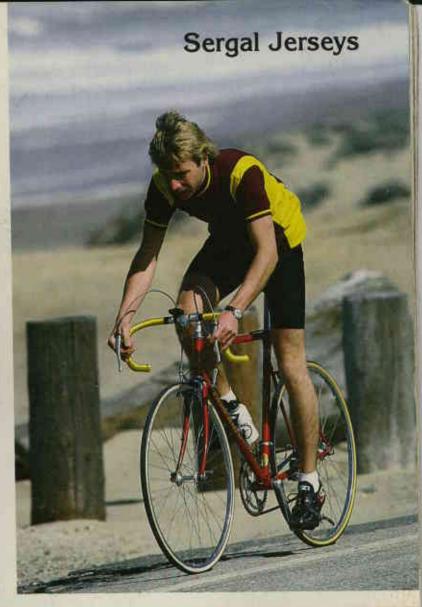
Sergal jerseys are made to our specifications from extra-soft virgin wool, treated to resist shrinkage. Wool is the traditional fabric for cycling clothing because it is more functional than cotton, nylon or acrylics. Wool breathes and wicks away perspiration without releasing body heat. Sergal tailors these jerseys so that when the rider is in the bent-over cycling position, they keep their clean lines and are long enough to cover the back. Jerseys have three back pockets and a durable nylon zipper. Short

Colors: Maroon with yellow panel and blue with yellow panel.

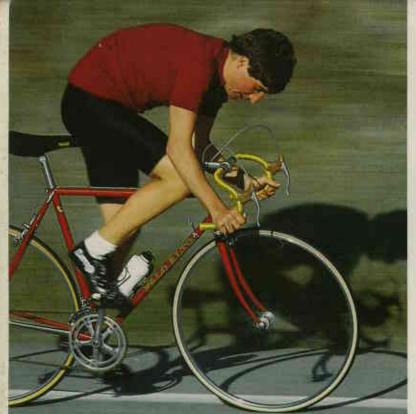
Sizes: XS, S, M, ML, L and XL (Sizing information on order form.)

Cat. No. 3-401 Specify size and color.

\$31.98







# Vittore Gianni Jerseys

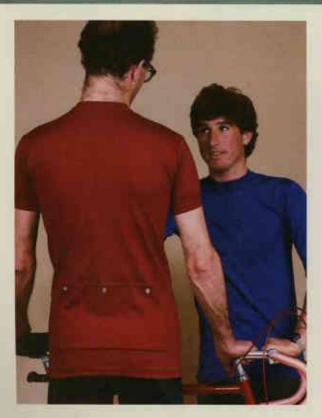
These traditionally designed wool jerseys will last through years of hard use. Their luxurious fabric is extra thick and very soft. The vibrant solid colors are tasteful and always in fashion. If you want the traditional comfort advantages of wool with timeless trailian styling, choose a Gianni jersey.

Colors: Burgundy and royal blue.

Sizes: XS, S, M, ML, L and XL. See order form for sizing information under "Mga."

Cat. No. 4-401 Specify size and color.

\$59.98



# Giordana Coordinated Skin Jerseys and Shorts

These color-coordinated jerseys and shorts will let you ride in both comfort and style. Jerseys fit the body closely for a second skin appearance, but they are woven so that they will not stretch vertically from weight in the 3 back pockets. A fleeced inner layer provides extra softness. Shorts have a colored panel that matches the jersey color. They are sewn from 8 panels to create a shape that matches the curve of the body when in the bent-over cycling position. Padded leather chamois sewn inside.

Colors: Jerseys, red and yellow Shorts black with red or

yellow panel

Jersey Sizes: XS, S, M, ML, L, XL (See order form for sizing information.)

Short Sizes: XS, S, M, L, XL

Cat. No. 4-402 Giordana Skin Jersey. Specify size and color.

\$34.98

Cat. No. 4-403 Giordana Skin Shorts. Specify size and color.





# Descente Skin Jerseys and Shorts

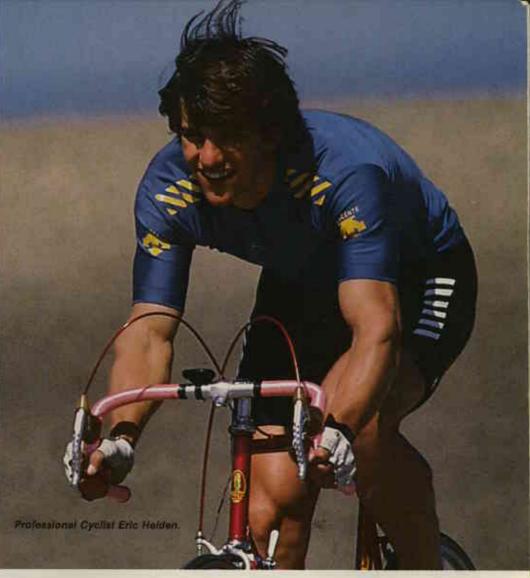
Descente Skin Jerseys are made from 80% nylon and 20% Lycra. They offer low wind resistance and are popular for racing. Descente offers both dynamic styling and carefully detailed construction. Cuffs are elasticized, and the three back pockets are folded over and double stitched. Colors: Royal blue and plum Sizes: XS, S, M, L, XL (See order form for sizing information)

Cat. No. 5-401 Specify size and color. \$47.00

**Descente Skin Shorts.** Nylon-Lycra blend for a "second skin" fit. Eight panel construction shapes the shorts to match the dynamic contour of the cyclist. Uses synthetic chamois padded with single-cell foam. Elastic grippers at the waist and legs hold the shorts in place. Black only. **Sizes** XS, S, M, L, XL (See order form for sizing information)

Cat. No. 5-402 Specify size.

\$60.00







# **Accessory Clothing**

T-Shirts. These attractive 50% cotton, 50% polyester T-Shirts are suitable for wear on or off the bicycle. All designs are silk screened on heavy duty shirts for long wearing comfort. Sizes: All shirts come in S, M, L, and XL. (See order form for sizing information.)

| A. Columbus   | Short Sleeve T-Shirt |        |
|---------------|----------------------|--------|
| Cat. No. 6-40 | 1 Specify size       | \$9.98 |

B. Palo Alto Bicycles Short Sleeve T-Shirt Cat. No. 6-402 Specify size. \$7.98

C. Campagnolo Short Sleeve T-Shirt Cat. No. 6-403 Specify size. \$9.98

D. Palo Alto Bicycles Long Sleeve T-Shirt Cat. No. 6-404 Specify size. \$12.98

E. Avocet Short Sleeve T-Shirt Cat. No. 6-405 Specify size. \$8.98 Cotton Cycling

Caps. Traditional caps with attractive colored stripes down their centers and the Avocet or Palo Alto logos on their sides. Cycling caps are used in all active sports for keeping sun and hair and sweat out of the eyes. One size fits all.

F. Cat. No. 6-406 \$3.50 Palo Alto

G. Cat. No. 6-407 \$3.50 Avocet



## Cycling Suspenders.

Rainbow striped suspenders of the best quality. They prevent sagging of shorts or tights. Clasps have plastic grippers which protect fabric from tearing and from discoloration caused by perspiration cor-

Cat. No. 6-408 \$8.98



A. Avocet Cycle Socks. 70% polypropylene provides comfort through moisture wicking, breathability, good insulation and low abrasion, 30% nylon for durability. Sizes: XS, S, M and L. Cat. No. 6-409 Specify size.

B. Wool Cycling Socks. Warm, breathable. 100% wool socks. Sizes: S, M, L, and XL. Cat. No. 6-410 Specify size. \$3.98

# Arm and Leg Warmers

Arm and leg warmers can be put on and taken off when conditions vary during a ride. They can be stuffed in a jersey back pocket when not in use.

A. Sergal Arm Warmers are made from 100% wool. The knit is elastic so that they cling well to jersey sleeves and do not sag. Black only. Sizes: Short, regular, long (See order form for sizing informa-

Cat. No. 7-401 Specify size. \$8.98

B. Sergal Leg Warmers. 100% wool, warm and breathable. Black only. Sizes: Short, regular, long (See order form for sizing information)

Cat. No. 7-402 Specify size. \$16.98

C. Avocet Arm Warmers. Made from a blend of 90% polypropylene and 10% Lycra Polypropylene is a better insulator than wool and it will keep you dry and comfortable with its superior wicking ability and low moisture regain Lycra makes the fabric stretchy and prevents sagging Black only Sizes: Regular and long (See order form for sizing information) Cat. No. 7-403 Specify size.

D. Avocet Leg Warmers are made from the same polypropylene-Lycra blend as the arm warmers. The extra-thick fabric is fleeced on the inside for warmth and softness. They are elastic enough to pull over shoes. Sizes: Short, regular and long (See order form for sizing information)

Cat. No. 7-404 Specify size





A. Sergal Rain Jacket. This waterproof windbreaker-style jacket was designed specifically for cycling. The nylon front and back eliminate wind chill and wetness; mesh sidepanels provide ventilation. Full length velcro opening for easy removal. Folds compactly to fit in Jersey pocket. Blue only Sizes: XS, S, M, L, XL (See order form for sizing information) Cat. No. 7-405 Specify size.

B. Cannondale Rain Cape. This cycling cape protects the rider from rain while allowing air circulation to prevent inside condensation. Finger and legloops eliminate billowing. The hood will accommodate a helmet and has a drawstring and bill for maximum protection. Sizes: M (Up to 5'6" height) and L (over 5'6")

Cat. No. 7-406 Specify size.

C. Seca Toe Clip Covers act as wind shields and can eliminate the toe numbness caused by wind chill. They also keep shoes dry and clean in wet conditions. Sizes: S-M and L according to toe clip size

Cat. No. 7-407 Specify size.

\$8.98



**Duegi Model 101.** These shoes have wooden soles which make them extremely stiff, increasing pedaling efficiency and comfort. A stiff sole insures that the force you put into the shoe reaches the pedal, and it isolates the sharp edge of the pedal which can cause discomfort. The upper is top-grade leather. Pre-mounted nylon cleats adjust forward and backward and angularly.

Sizes: Mens 3½—12½ with half sizes. (See order form for sizing information.)

Cat. No. 8-401 Specify size.

\$58.98

Duegi Model 115. A tough, stiff Lexan sole is combined with a mesh nylon upper in this very comfortable shoe. The sole gives excellent foot support, and nylon mesh is the ideal material for keeping feet cool in warm conditions. Leather reinforcement is provided where the toe strap wraps around the shoe and at the toe and heel. The adjustable nylon cleat tightens with a 5 mm allen wrench (not included).

Sizes: 3½—12¼ with half sizes. (See order form for sizing information.)

Cat. No. 8-402 Specify size

\$56.98

Duegi Replacement Cleats. Sold in pairs with mounting hardware,

 Cat. No. 8-403 Cleats for Duegi Mod. 101
 \$4.98

 Cat. No. 8-404 Cleats for Duegi Mod. 115
 \$4.98

Avocet Model 20. The new Model 20 cycle touring shoes provide cycling and walking comfort along with pedaling efficiency unmatched by other touring shoes. The multidensity sole that gives stiffness at the pedal and flexibility at the toe has been combined with a new non-stretch heel strap. This strap wraps around the heel near the Achilles tendon and is attached to the sole where it contacts the pedal. The strap sends more force to the pedals during the upstroke, harnessing power for speed and endurance that would otherwise be wasted.

Sizes: Mens 4 — 13 with half sizes. No 4½ or 12½ (See order form for sizing information.)

Cat. No. 8-405 Specify size.

\$29.98

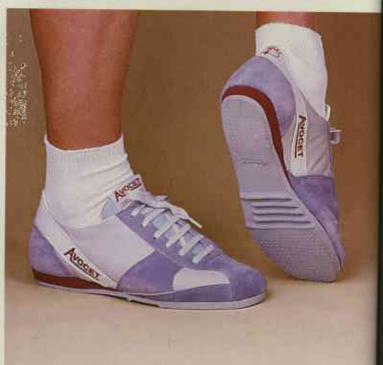
#### How to Order Shoes

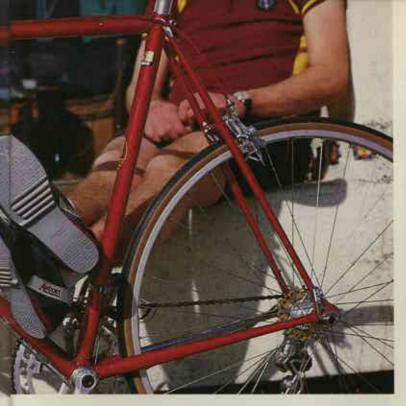
- 1. Wearing your regular cycling socks, stand on a piece of paper with your weight equally distributed on both feet. Hold a pencil vertically and trace an outline of each foot.
- 2. Tell us your shoe size for regular or cycling shoes.
- 3 Enclose foot outline and size with order

We will gladly exchange shoes for a proper fit. Test shoes on a carpet to preserve new condition. Shoes worn out-ofdoors will not be accepted for exchange or refund











**Detto Pietro Coppi 7.** The Coppi 7 is made from soft calfskin with a double leather sole. A steel plate inside the sole provides plenty of support for competition or training. Comes with pre-mounted, adjustable cleats

**Sizes:** Mens 3% - 12% with half sizes. (See order form for sizing information.)

Cat. No. 9-401 Specify size

\$42.98



**Detto Pietro Special 74.** This is the new, improved version of our most popular cleated shoe. The sole is stiff, durable Lexan, and the adjustable cleat attaches with one 5 mm allen bolt. The heel has a disk of textured rubber attached to improve walking traction. The leather upper is perforated for good ventilation.

Sizes: Mens 3½—12 with half sizes (See order form for sizing information.)

Cat. No. 9-402 Specify size

\$34.98

Detto Pietro Replacement Cleats. Sold in pairs with mounting hardware.

Cat. No. 9-403 Cleats for Coppi 7 \$3.98
Cat. No. 9-404 Cleats for new Special 74 \$3.98
Cat. No. 9-405 Cleats for old Special 74 (two screws) \$3.98
Cat.No. 9-406 Pavarin Nylon Cleats \$2.98

(nail on - not shown)



Avocet Model 30. The Model 30 Cycle Touring shoe is a stiffer version of the Model 20 with an upper of breathable nylon mesh and top grade leather. It utilizes the non-stretch heel strap to harness extra power from the pedal up-stroke. Much of this power is lost in shoes that have stretchy heels. The stiffness of the multi-density sole of this shoe also contributes to pedaling efficiency. Its spring steel shank combined with fiber laminates, a contoured sole, inner sole, and foam padding give full support and comfort. Four grooves on the bottom of the sole fit any combination of pedal and toe clip and are properly angled for clearance between heel and crank arm. This is a high performance shoe, but it is still much more comfortable for walking than cleated racing shoes.

Sizes: Mens 4—13 with half sizes. No 4½ or 12½ (Sizing information on order blank.)

Cat. No. 9-407 Specify size.

\$42.98

## **Avocet Saddles**

Touring Saddles. Avocet makes both men's and women's saddles. Each has the optimum width and shape to accommodate differences between the pelvic structures of men and women. The Model I touring saddles have been designed to give comfort to the beginning and intermediate rider. Their polyethylene shells and foam padding combine to produce an excellent cushion for those who ride short to moderate distances. Model II saddles provide the extra support required by those who ride long distances. They have a durable nylon shell and a relatively dense foam pad. The Touring Ill is the same as the Touring II except it has aluminum rails for light weight.

|                          | Weight |          |         |
|--------------------------|--------|----------|---------|
| Avocet Saddle            | grams  | Cat. No. | Price   |
| Touring I Black          | 400    | 10-401   | \$19.98 |
| Touring I Brown          | 400    | 10-402   | \$19.98 |
| Women's Touring I Black  | 380    | 10-403   | \$19.98 |
| Women's Touring   Brown  | 380    | 10-404   | \$19.98 |
| Touring It Black         | 405    | 10-405   | \$26.98 |
| Touring II Brown         | 405    | 10-406   | \$26.98 |
| Women's Touring II Black | 390    | 10-407   | \$26.98 |
| Women's Touring II Brown | 390    | 10-408   | \$26.98 |
| Touring III Black        | 325    | 10-409   | \$36.98 |
| Women's Racing I Black   | 360    | 10-410   | \$15.98 |
| Women's Racing II Black  | 330    | 10-411   | \$26.98 |
| Racing I Black           | 400    | 10-412   | \$15.98 |
| Racing II Buffalo        | 375    | 10-413   | \$26.98 |
| Racing III Buffalo       | 290    | 10-414   | \$33.98 |



## Seat Posts

S.R. Laprade. S.R.'s economically priced post features clamping and adjustment with a single 6 mm allen bolt. The clamp is pressed against a toothed surface for a positive grip Available diameters are 25.0 mm, 25 4, 25 8 through 27 2 in .2 mm increments. Available lengths are 220 mm and 250 mm. The extra long length is popular on mountain bikes and can be used to compensate for a frame that is too small.

Cat. No. 10-416 220 mm Laprade Post Specify Diameter \$11.98 Cat. No. 10-417 250 mm Laprade Post Specify Diameter

Seat Binder Bolts. These fit Palo Alto and Eddy Merckx frames and many others, 8×22 mm.

Cat. No. 10-418 Standard (lower left) \$2.98

Cat. No. 10-419 Campagnolo (lower right) \$5.00



Campagnolo Super Record.

This aluminum alloy seatpost is Campagnolo's best. It adjusts with a single bolt. It is fluted and has a fine satin finish Length is 180 mm. Available diameters are 25.0, 25.8 through 27.2 in .2 mm increments.

Cat. No. 10-420 Specify diameter. \$38.98

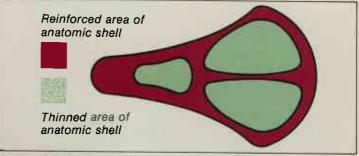
Note: The inside diameters of frame seat tubes vary - often frames of the same model and brand will have variations. Because of this, when ordering seatposts you must specify an exact diameter. If the size is not stamped on your old post and you do not have access to a micrometer, cut a small section from the bottom of the old post and send it with your order.

Sales Construction Position the new bone prestore politic and light perform the new bone prestore politic and these please where the national shall end or during provide maximum condon.

Secret and covered with high-quality lightless wouch all except it is more expensive than synthetics, what for yours and does not tear in talk or crashed ID'S, made fouring I and II excides are available in amboth black or amboth brown lighter. The special dyes used will not run or stain clothing.

Avocet Touring Saddle Design

Cycle tourists often ride in a more upright position than racing cyclists. This position transfers weight from the handlebars to the seat and increases pressure on the rider's pelvic area. Many riders who find the traditional narrow, hard racing saddle uncomfortable should get welcome relief from an Avocet touring saddle.

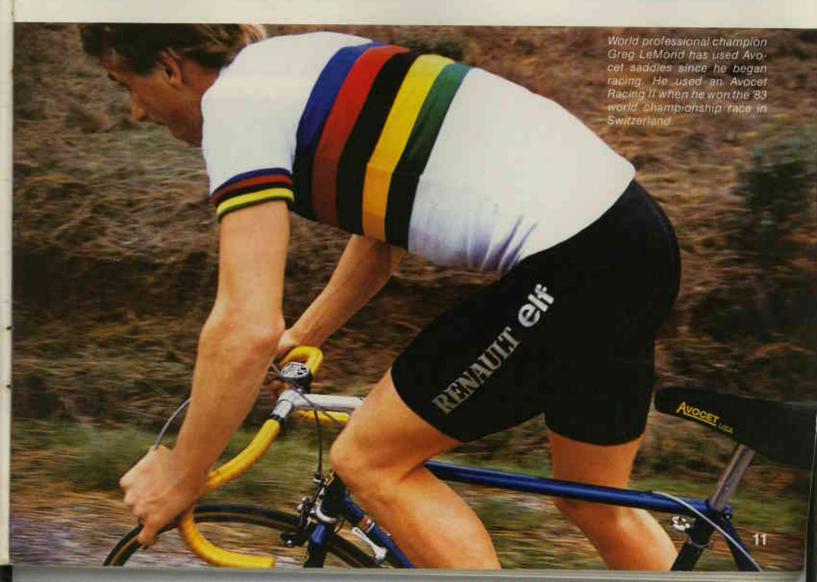


The saddle shell has been thinned for increased flexibility in the area where pelvic pressure is greatest. Then the foam padding is formed extra thick above the two pressure points. This anatomic design requires precise coordination of shell and padding thickness which only Avocet offers.

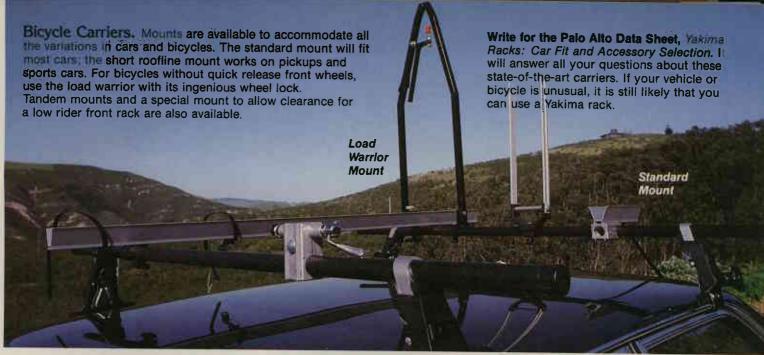
Avocet Saddle Covers. Attractive elasticized vinyl covers to keep your saddle clean and dry. Colors: Red, royal blue, navy blue, tan, gray and yellow. Cat. No. 11-401 Specify color.

\$2.98









**Carrier Specifications.** Match the crossbar length to the width of your roof. This will give adequate length and avoid excessive overhang.

| Crossbar Length | Type of Car            |
|-----------------|------------------------|
| 48''            | Sub-compact to compact |
| 58"             | Compact to mid-size    |
| 66"             | Mid-size to vans       |
| 74"             | Vans and trucks        |

**Bicycle Mount Specifications.** Match the mount to your bicycle and car. "Quick release required" means that the front wheel must be removed.

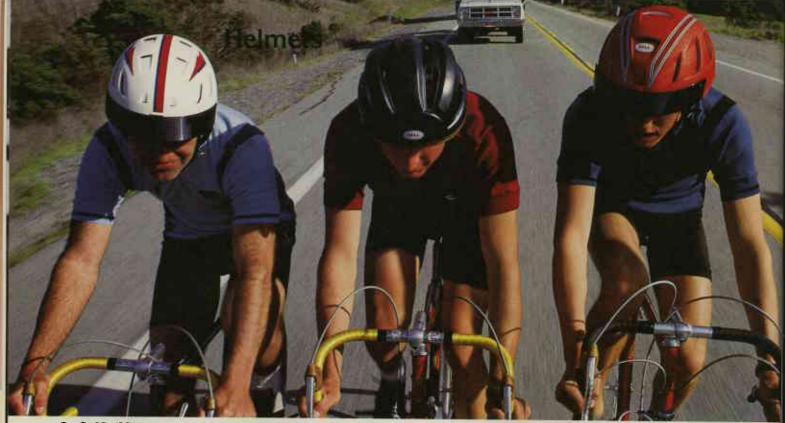
| Mount Type<br>Standard      | Bicycle and Car Roof Length Limitations Front wheel quick release required. Roof must allow 36" crossbar spread. |
|-----------------------------|--|
| Short Roofline              | Front wheel quick release required. Any roof length.   |
| Short Roofline/<br>Lowrider | Front wheel quick release, clearance provided for low rider front rack. Any roof length.                         |
| Load Warrior                | No quick release required, can be adapted to to any wheel size. Any roof length.                                 |
| Tandem                      | Adjusts to any size tandem. Any roof length.   |

| Carriers                                    | Cat. No.      | Price    |
|---|---------------|----------|
| 48 Inch Blacktop Tower                      | 13-401        |          |
| 58 Inch Blacktop Tower                      |               | \$65.00  |
|   | 13-402        | 67.00    |
| 66 Inch Blacktop Tower                      | 13-403        | 69.00    |
| 74 Inch Blacktop Tower                      | 13-404        | 71.00    |
| 58 Inch Strap Carrier                       | 13-405        | 74.00    |
| Bicycle Mounts (each)                       |               |          |
| Standard                                    | 13-406        | 36.00    |
| Short Roof                                  | 13-407        | 41.00    |
| Short Roof for Low Rider Front Rack         | 13-408        | 47.00    |
| Load Warrior                                | 13-409        |          |
| Tandem Mount                                |               | 54.00    |
| Accessories                                 | 13-410        | 99.00    |
|   |               |          |
| Set Of Four Locks                           | 13-411        | 22.00    |
| Security Cable                              | 13-412        | 8.00     |
| Extra Wheel Holder                          | 13-413        | 11.00    |
| Bronco Brackets (make artificial drip       |               |          |
| channel for campers, etc -set of 2)         | 13-414        | 9.50     |
| Tower Sets                                  | 13-415        | 42.00    |
| Hardware For Towers (to adapt tubular       |               | 72.00    |
| crossbars)                                  | 13-416        | 12.00    |
| Family Ski Mount (for 4 pairs)              | 13-417        | 13.00    |
| A Vokima set up will as said of a deal      |               | 54.00    |
| A Yakima set-up will consist of: 1. A carri | er to match y | our car  |
| and 2, bicycle mounts for the number and t  | ypes of bikes | you will |

Fold-A-Rack. An easy to use, stable rack for those who occasionally transport bicycles on their car. No hardware is required for installation—straps secure it to trunk lid or hatch. Recommended for two bicycles, it can carry up to three. Padding protects the car finish, and coating on the supports protects the bikes. Can easily be converted to a luggage rack or ski carrier. The best of the economically priced racks.

Cat. No. 13-418 \$37.98





O.G.K. Helmet. This helmet gives excellent head protection and comfort at a very reasonable price. It has air scoops, a visor, a tough shell and shock absorbing liner. Quick release chin strap. White only. Includes sizing pads. Single shell size. Sizing information on order form.

Cat. No. 14-401 \$21.98

Bell's V1-Pro Helmet is styled after the traditional leather racing helmet, but utilizes a high-impact co-polymer shell and energy absorbing liner. Better protection than leather, yet retains the look, comfort and light weight of traditional helmets. Black only. Sizes: S, M, L. Sizing information on order form.

Cat. No. 14-402 Specify size. \$39.98

Bell TourLite Helmet. Light and comfortable with Bell's renowned head protection. Has tough Lexan shell with shock absorbing polystyrene liner, air scoops and adjustable visor. Includes sizing pads for a perfect fit. Colors: Red black and white Sizes: S and L. Sizing information on order form.

Cat. No. 14-403 Specify size and color. \$39.98

\$4.50

\$6.98



L'il Bell Shell. Small children can only tolerate extremely light helmets. This one weighs only about 8 ounces, yet gives head protection that meets proposed federal standards. Shell and liner are bonded together, and a sizing kit is included for a perfect fit and to allow for the child's growth. Fits children from approximately 1 to 4 years old. Small (hat size 5½-6) and large (6-6½) shell sizes.

Cat. No. 14-404 Specify size.

\$29.98



| W  | ater  | <b>Bottles</b> |                 |        |
|----|-------|----------------|-----------------|--------|
| A. | Palo  | Alto           | Cat. No. 14-405 | \$1.98 |
| B. | Plair | 1              | Cat. No. 14-406 | 1.75   |
| C. | Avoc  | et             | Cat. No. 14-407 | 1.98   |

Bottle Cages — Clip or Braze-on mounting.

D. T.A. Chromed steel with mounting hardware.

Cat. No. 14-408

E. Avocet. Light, non-rusting aluminum alloy. Cat. No. 14-409

**E.R.G.** Electrolyte Replacement with Glucose drink mix Replaces trace elements lost through perspiration to alleviate fatigue and cramping. **Flavors:** Natural, fruit punch or lemonade *Please specify.* 

 F. Twin Pint Pack
 Cat. No. 14-410
 \$.75

 G. Half Gallon Pack Cat. No. 14-411
 \$1.00

Cant Racer gloves offer maximum comfort and hand protection. Contoured padding covers the suede leather palm. The back is hand crocheted cotton. Gycling gloves cushion road shocks, reduce abrasion and protect the hands in case of a fall. Veloro closing

Sizes 7 through 10 with half sizes (see order form for

Cat. No. 15-401 Specify size





Sizes: 6 through 10 full eizes only (see order form) for

Cat. No. 15-402 Spoult size.



Chamois Fat. Reduces chafing and preserves leather chamois. Cat. No. 15-403 2 oz. \$3.98

Leather Chamois (top). First quality leather, soft and durable. Can be used to replace a worn-out chamois, or sewn into shorts to make them suitable for cycling. Cat. No. 15-404

Avocet Polypropylene Softwick Liner. Get one of the important comfort advantages of Avocet shorts by sewing this liner in your shorts or tights. The very soft polypropylene material provides a medium, for use with narrow saddles. Cat. No. 15-405 Specify size. \$6.98

cushion and wicks away moisture. Sizes: Large, for use with wider touring saddles; Tire Accessories

A. Rema Clincher Patch Kit. The best on the market. Includes five super-thin patches with tapered edges, sand paper and glue.

Cat. No. 15-406 \$1.50

B. Tire Pressure Gauges. Accurate, easyto-read gauges that measure both pounds per square inch and atmospheres.

Cat. No. 15-407 Presta \$8.98 Cat. No. 15-408 Schrader \$8.98

C. Aluminum Tire Levers. Extra light to carry on rides for emergency repairs. Cat. No. 15-409

\$1.50 pair

D. Kool Stop Rim Guard. Better than tape or rubber strips. Prevents punctures due to spoke abrasion. Widths for 1" and 11/4"

Cat. No. 15-410 Specify width. \$1.98 each

E. Rema Patches. 10 round patches with feathered edges.

Gloves

Cat. No. 15-411 F. Plastic Tire Levers. Less likely to pinch tube than metal ones.

Cat. No. 15-412 Set of 3. \$1.98

G. Tire Savers mount on back of brake center bolt and wipe puncture causing debris from tires.

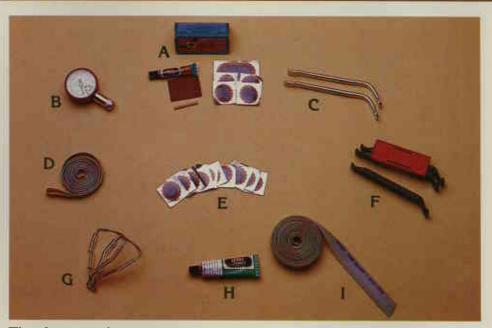
Cat. No. 15-413 \$1.98 pair

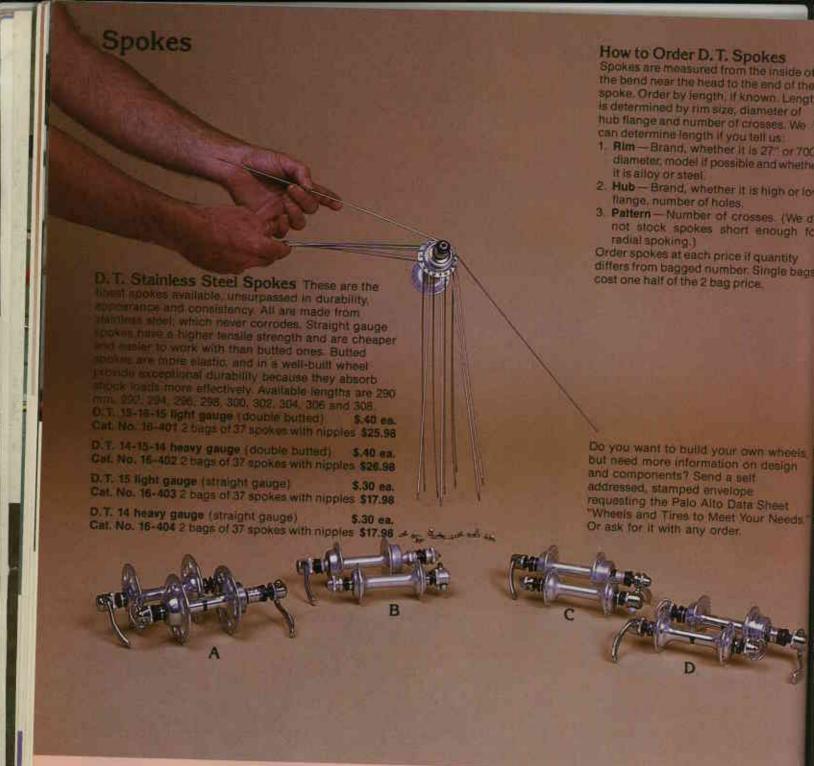
H. Rema Glue. 20 ml.

Cat. No. 15-414

I. Kool Stop Tire Guard. Installed between tube and tire, Tire Guard provides a barrier against sharp objects that cause punctures. Available for use with 1" or 11/4"

Cat. No. 15-415 Specify width. \$4.98 ea.





# Hubs

A & D. Campagnolo Record. Good looking, smooth running and durable hubs. Rear axles for 5 or 6 speed spacing; 28, 32 or 36 holes. Add \$3 to cost if 6 speed and \$5 if not 36 hole. Weights: High, 580; low, 510.

Cat. No. 16-405 High flange. Specify axle and holes. \$64.98 pair Cat. No. 16-406Low flange. Specify axle and holes. \$58.98 pair

B. Avocet Model II. These hubs use long-wearing, removable and adjustable contact sealed cartridge bearings. Quick release skewers have aluminum alloy end pieces for light weight. Five or 6 speed; 28, 32 or 36 holes. Weight: 470 g. Cat. No. 16-407 Low Flange. Specify axle and holes. \$59.98 pair Cat. No. 16-408 Replacement bearing.

Specify front or rear

\$6.98 each

C. Avocet Model I. These forged aluminum alloy hubsare an excellent buy. Perfectly adjustable loose ball bearing and precision ground races and cones insure smooth running Satin finish. 36 holes for 5 or 6 speed. Weight: 520 g.

Cat. No. 16-409 Low flange. Specify axle. \$39.98 pair

| Skewers and Axle S  | Sets   |         |          |         |
|---|--------|---------|----------|---------|
| Avocet Mod I Fr. or R. Avocet Mod II Fr. or R. Campagnolo Fr. Campagnolo R. | Skewer | Price   | Axle Set | Price   |
|   | 16-410 | \$ 8.98 | 16-414   | \$ 5.98 |
|   | 16-411 | 11.98   | 16-415   | 7.98    |
|   | 16-412 | 13.25   | 16-416   | 11.98   |
|   | 16-413 | 13.50   | 16-417   | 12.98   |



Using high quality wheels will make a big difference in the performance of any bicycle. A good wheel requires not only high quality components, but also skilled building. We use the best components that will result in versatile, reasonably priced wheels. Our builders have many years of experience and use proven techniques for lacing, tensioning, stress relieving and truing. Correct tension is verified with a tensiometer

#### **Specifications**

Lacing pattern: 3 cross

Hub axle: For 5 or 6 speed freewheel (please

specify)

Number of spokes: All available with 36; Cat. No. 17-404 and 17-406 available with 32 (please specify) Please note that in order to keep wheels in stock for fast delivery, and to maintain their reasonable cost, no substitution of parts is allowed. All wheels are carefully packed and shipped in extra strong boxes.

## Clincher Wheels (Pairs)

| Rim                                 | Spoke                    | Hub                          | Cat. No. | Price   |
|-------------------------------------|--------------------------|------------------------------|----------|---------|
| Super Champion<br>27×1 (14-20 mm)   | DT 15 gauge<br>plated    | Avocet Mod. I<br>low flange  | 17-401   | \$92.00 |
| Mavic G-40<br>27×1 (14-20 mm)       | DT 15 gauge<br>stainless | Campagnolo Record low flange | 17-402   | 139.98  |
| Super Champion<br>700 25 (14-20 mm) | DT 15 gauge plated       | Avocet Mod I<br>low flange   | 17-403   | 92.00   |
| Mavic G-40<br>700 25 (14-20 mm)     | DT 15 gauge stainless    | Campagnolo Record low flange | 17-404   | 139.98  |
| Tubular Wheels (                    | Pairs)                   |                              |          |         |
| Super Champion<br>Arc-en-Ciel       | DT 15 gauge plated       | Avocet Mod. I<br>low flange  | 17-405   | 92.00   |
| Mavic GP-4                          | DT 15 gauge<br>stainless | Campagnolo Record low flange | 17-406   | 139.98  |

Custom Built Wheels. With custom built wheels you can specify exactly the parts required to suit your particular needs. Any hub, rim and spoke in this catalog can be used, and, if you like, send us your own hubs to be laced. These wheels receive special attention from our wheel builders who make them tight and true, then spend extra time to equalize spoke tension and verify it with a tensiometer. A tight wheel with all the spokes at the same tension is extra durable and holds its trueness through thousands of miles. List the parts you require on your order specifying cross pattern, number of spokes, and 5 or 6 speed hub axle. Then add: Cat. No. 17-407 (labor per wheel)

For additional information to help you select wheels request the Palo Alto Data Sheet, "Wheels and Tires to Meet Your Needs." Send a self-addressed stamped envelope with your request, or ask for the data sheet with any order.



Centering.



Stress relieving.



Verifying tension.



## Clinchers (Wired-On)

Super Champion Gentlemen rims are both strong and light because of their hollow cross-section design and durable aluminum alloy material.



Super Champion Model 58 rims feature a durable double box design, tough aluminum alloy construction and the proper width for wider tires.



Mavic G-40 rims have a hollow cross section and have been heat treated for strength. They are hard anodized an attractive gray color.



## Sew-Ups (Tubulars)

Mavic GP-4's have a reputation for toughness. Their aluminum alloy material is tempered for strength then hard anodized dark gray.



Super Champion Arc-en-Ciel have medium weight and are excellent all purpose rims.

| Model                         | Size    | Acceptable tire widths | Recommended use                     | Weight grams | Available drillings | Cat. No. | Price<br>each |
|-------------------------------|---------|------------------------|-------------------------------------|--------------|---------------------|----------|---------------|
| Super Champion                | 700C×25 | 23 to 28 mm            | Touring, training,                  | 470          | 36                  | 18-401   | \$11.98       |
| Gentleman                     | 27×1    | % to 1% in.            | general use                         | 485          | 36                  | 18-402   | 11.98         |
| Super Champion                | 700C×32 | 28 to 35 mm            | Heavy duty touring, off-road riding | 505          | 36                  | 18-403   | 11.98         |
| Model 58                      | 27×1¼   | 1% to 1% in.           |                                     | 520          | 36                  | 18-404   | 11.98         |
| Mavic                         | 700C×25 | 23 to 28 mm            | Touring, training,                  | 475          | 32, 36              | 18-405   | 23.90         |
| G-40                          | 27×1    | ¾ to 1½ in.            | general use                         | 490          | 36                  | 18-406   | 23.90         |
| Mavic<br>GP-4                 | 700C    | All tubulars           | Training, rough course racing       | 410          | 28, 32<br>36        | 18-407   | 22.98         |
| Super Champion<br>Arc-en-Ciel | 700C    | All tubulars           | Training, general racing            | 350          | 36                  | 18-408   | 11.98         |

# Wheel Tools



A. Dishing Tool. Accurately centers the rim between the hub axle locknuts when building wheels. Cat. No. 18-409

B. "T" Type Spoke Wrench. Compact and convenient to carry in ride tool

Cat. No. 18-410

C. Spoke Ruler. Measures spoke length in millineters and inches.

at. No. 18-411

Nipple Driver. Quickly takes the slack out of the spokes in a newly laced wheel. A pilot pin ejects the driver automatically for uniform thread engagement on all spokes.

Cat. No. 18-412 \$12.98

Loop Type Spoke Wrenthes. Fits comortably in the hand - best for wheel building. Specify Mack, for DT spokes; green, for other European spokes; red, for Japanese spokes.

Cat. No. 18-413 Specify color.

F. Avocet Truing Stand. Lightweight aluminum with attractive black finish. Uprights spread for different axles; arm pivots for any wheel size. Cat. No. 18-414

\$19.98





# Handlebars, Stems and Headsets

A. Cinelli Handlebars come in four models to suit different riding positions and styles. The Model 63 is a popular all purpose bar. The Model 64 has the least drop and reach and is popular with tourists as it gives a more upright position. The Model 65 has a bend similar to a track bar and is good for criterium racing where most riding is done on the drops. The Model 66 has the greatest drop and reach. All bars come in 38 and 40 cm widths. The Model 66 also comes in 42 cm width. Weight (Mod. 63-40) 330 g.

Cat. No. 19-401 Model 63 Handlebar. Specify width. Cat. No. 19-402 Model 64 Handlebar. Specify width. \$15.50 Cat. No. 19-403 Model 65 Handlebar. Specify width. \$15.50 Cat. No. 19-404 Model 66 Handlebar. Specify width. \$15.50



D. Avocet Model 20 Headset. A particularly durable and well finished U.S. made headset. Extra hard bearing surfaces control dimpling. Computer aided manufacture (CAM) insures completely round races and the smoothest available bearing surfaces. The 360° true seal feature gives bearing protection. A non-contact labyrinth seal insures that no dirt or water reaches the bearings, yet it does not interfere with the free turning of the fork. An O-ring seal in the lock nut keeps the stem from freezing in the fork. All parts interchange with Campagnolo. English, Italian or French threads. Weight 183 g. Cal. No. 19-409 Specify threading.

E. Avocet Model 30 Headset. Same as Model 20 except made from highly polished aluminum alloy with steel bearing races pressed in. Weight 145 g.

Cat. No. 19-410 Specify threading.

\$39.98

\$29.98

F. Avocet Model II Headset. This is a high-quality headset with precision ground races; durable and holds adjustment through 360 degrees. Exterior surfaces are chromed. Weight 190 g. English, Italian or French threads.

Cat. No. 19-411 Specify threading

\$19.98

G. Campagnolo Super Record Headset. Satin finished aluminum alloy with pressed in steel races. English, Italian or French threads.

Cat. No. 19-412 Specify threading.

\$41.98

H. Tange Headset. A good quality standard headset to replace one with worn out or pitted bearing surfaces. English, Italian or French threads.

Cat. No. 19-413 Specify threading

\$9.50

## **Pedals**

A. Avocet Model III Platform. The body of this unique pedal is moided from durable high-density nylon. It has an aero-dynamic shape and gives excellent foot support. The alloy cage is detachable. The toe clips, which are included, adjust both back and forth and left to right to accommodate extra-large and extra-small shoes. This versatile pedal is well suited to both touring and racing. Weight 332 g.

Cat. No. 20-401 \$34.98 Cat. No. 20-402 Spare toe clips \$4.98 pr.

B. Avocet Model I. This economically priced pedal has the appearance and performance of other pedals costing much more. Its light-weight aluminum alloy cage is anodized black and drilled and tapped for mounting toe clips. The body is made from aluminum alloy with steel bearing races pressed in. Weight 332 g.

Cat. No. 20-403

\$19.98

C. Avocet Model II. The Model II pedal has a handsome and distinctive faceted body. Its aluminum alloy cage detaches for replacement should it be damaged. The bearing surfaces are hardened and finely ground to insure durability and smoothness. Weight 356 g.

Cat. No. 20-404

\$34.98

D. SR Silstar 100 BL. A good looking, economical pedal with an aluminum alloy body and black anodized cage which is drilled and tapped for toe clip attachment. Weight 354 g.

Cat. No. 20-405

\$13.98

E. SR Silstar SP11. A platform pedal that gives good foot support and is a good choice for touring. The cage and body are made from a single piece of aluminum alloy. The cage is drilled and tapped to accept standard toe clips. Weight 380 g. Cat. No. 20-406 \$18.98

F. Campagnolo Superleggeri. All Campagnolo pedals have basically the same design. The track model (shown here) differs from the road model only in that its cages do not extend around the dust cap. These pedals have aluminum alloy cages and should only be ridden with plastic or nylon cleats, not steel or aluminum ones. Steel spindle. Weights: Road 321 g. Track 308 g.

Cat. No. 20-407 Road Cat. No. 20-408 Track

\$67.98 \$67.98

G. Campagnolo Record pedals have a chromed steel cage and steel spindle. All Campagnolo pedals have pick-up tangs that aid in getting feet into toe clips, and they come with toe clip mounting bolts. Weights: Road 403 g., Track 380 g.

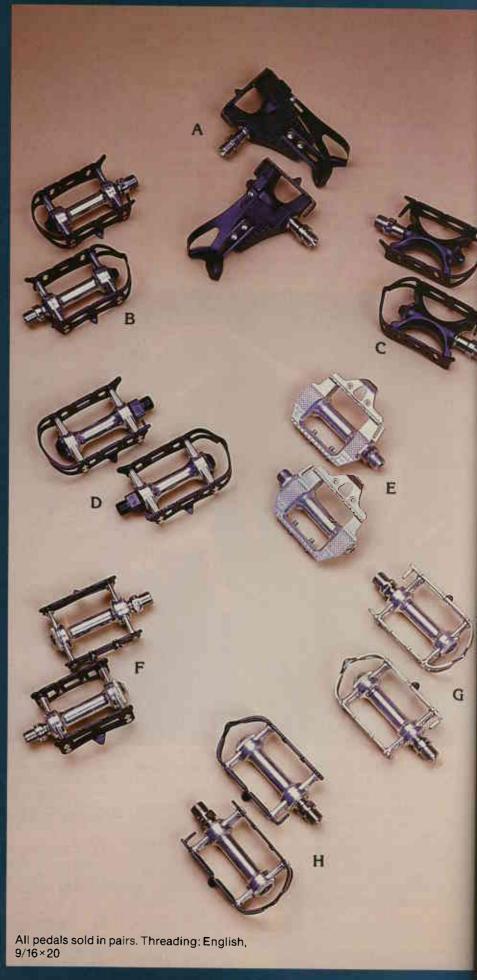
Cat. No. 20-409 Road Cat. No. 20-410 Track

\$54.98 \$54.98

H. Campagnolo Super Record. These have a black anodized aluminum alloy cage and a titanium spindle for light weight. Weight 259 g.

Cat. No. 20-411 Road

\$129.98



# Toe Clips, Toe Straps & Handlebar Tape

A. Avocet Model II Toe Straps are made from leather that comes from the thickest and strongest part of the cow hide. The buckle has nylon rollers. Black, white, blue or red. Cat No. 21-401 Specify color.

\$3.98 pair

B. Velox Handlebar Plugs. Rubber with screw, black only. Cat. No. 21-402 \$1.00 pair

C. Cinelli Handlebar Caps. Plastic caps in red, white or blue. Cat. No. 21-403 Specify color.

D. Avocet Model III Toe Straps are stretchproofed by laminating a nylon strip between two pieces of the best quality leather. Black only. Cat. No. 21-404 \$7,98 pair

E. Alfredo Binda Extra Toe Straps.

Non-stretch straps of beautifully tanned natural leather laminated with a nylon core. Ivory color.

Cat. No. 21-405 \$11.50 pair

G. Avocet Model I Toe
Clips are chromed spring steel
that returns to its original shape
if bent. 65 g. S, M, L. Specify size.
Cat. No. 21-407 \$3.50 pair

F. Avocet Model I Toe Straps are made from durable leather with smooth functioning.

riveted brass buckles. Black,

Cat. No. 21-406

white, blue or red. Specify color.

\$2.50 pair

H. Avocet Model II Toe

Clips are spring steel with a tough black coating which stops corrosion and smooths rough edges to protect shoes. 60 g. S, M, L. Specify size.



I. Avocet Model III Toe Clips are made from aluminum alloy. They are very light and cannot corrode. Anodized black. 25 g. S, M, L. Cat. No. 21-409 Specify size. \$9.98 pair

**J. Campagnolo Steel Toe Clips.** Beautifully chromed with shoe guide tang at back. 70 g. S, M, L. **Cat. No. 21-410** *Specify size.* \$9.50 pair

K. Campagnolo Alloy Toe Clips. Clear anodized aluminum alloy with shoe guide tang at back. 25 g. S, M, L.
 Cat. No. 21-411 Specify size. \$12.50 pair

Toe Clip Sizing: Small fits shoe sizes up to men's 6; medium, 6½-9; large over 9½

L. Tressoplast Cotton Handlebar Tape. Adhesive backed tape with woven edges to prevent unravelling. Two rolls required to wrap both sides of handlebar. Black, white, dark blue, light blue, red, orange, yellow and green.

Cat. No. 21-412 Specify color.

\$1.00 each

M. Box of Ten Tressoplast Tape. Mix or match. Cat. No. 21-413 Specify color. \$9.00

N. Benotto Cello Tape. Plastic with non-slip texture. Two rolls with matching bar caps. White, red, gray, light blue, pink, yellow and black.

Cat. No. 21-414 Specify color.

\$1.98 pair

O. Grab-On Handlebar Padding. Quarter-inch thick polyurethane foam padding cushions hands and eliminates numbness. Black only.

Cat. No. 21-415

\$7.98

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## Palo Alto Frames

Palo Alto frames are made to perform flawlessly during the most difficult competition or touring. Each frame is carefully hand brazed from Columbus double butted tubing. A fine frame is the heart of a good bicycle, and there is no better frame value available.

Palo Alto Bicycles Data Sheet: Palo Alto Frame Specifications. This detailed specification sheet includes all angles, dimensions, materials and other details of Palo Alto frame design. It also has information about how design variables affect bicycle performance and guidance on how to select a frame to meet your needs. Send a self-addressed, stamped envelope for one, or request it with any order.



**Touring Frame** Our touring frames are designed to be rugged, stable and convenient for mounting racks and carrying loads. They have the same brazed-on fittings as the racing frame plus rear rack bosses and eyelets front and rear. Downtube shifter bosses are omitted to allow the use of handlebar shifters. The finish and chroming on racing and touring frames are identical. The touring frame geometry, however, is quite different. It is longer and less upright for riding comfort and stability when carrying loads. Accepts 700c or 27" wheels with normal reach brakes.

Cat. No. 22-401 (Without headset) Specify size and color.

\$340.00

Cat. No. 22-402 (With Avocet Model II headset) Specify size and color. \$355.00

10% Discount on Component Group. If you buy a Palo Alto frame and at the same time buy the components necessary to complete the bicycle, we will discount the price of the parts group by 10%. These are the parts you must buy with your frame to qualify for the discount: Wheels (or hubs, rims and spokes), crankset, front and rear derailleurs, shifters, pedals, brakes, handlebar and stem, saddle and seatpost, freewheel, chain, headset, tires and tubes. If you choose the already discounted Campagnolo group, its price is net, but you can discount the other parts.

Racing Frame This is an upright frame with a short wheel-base. Designed for performance and quick handling, it is suitable for general sport riding as well as for road and criterium racing. The following fittings are brazed on each frame: Gear cable guides on bottom bracket underside, down tube shifter bosses, rear derailleur cable stop, top tube brake cable guides and water bottle bosses. Dropouts, fork tips, fork crowns and right chainstays are chromed. A chain hanger is brazed to the inner right seat stay. Accepts 700c or 27" wheels with normal reach brakes.

Cat No. 22-403 (Without headset) Specify size and color.

\$340.00

Cat. No. 22-404 (With Avocet Model II headset) Specify size and color. \$355.00

Specifications: All Frames

**Sizes:** 49, 51, 53, 55, 57, 58, 60 and 63 cm measured from the center of the bottom bracket shell to the centerline of the top tube. Add 1.3 cm to get measurement to top of seat lug.

Colors: Red, blue and anthracite baked enamel

Tubing: Columbus SL double butted (touring 58, 60 and 63

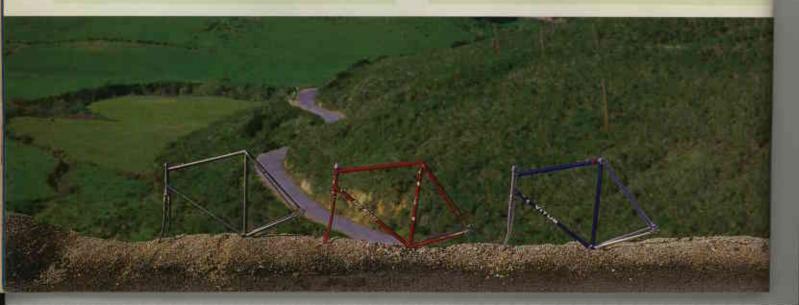
use SP)

Bottom Bracket Shell: 70 mm, Italian threads

Steering Tube Diameter: 22.2 mm Seat Tube Inside Diameter: 27.2 mm

Dropout Spacing: 121 mm for 5 speed freewheel or 126 mm

for 6 speed. Please specify.



American professional cyclist Jonathan Boyer who rode a Vitus aluminum frame to a 12th place finish in the 1983 Tour de France

Photo Winston Swift Boyer

# Vitus 979 Frames

The Vitus 979 is made from heat treated aluminum-magnesium alloy tubing. It offers the performance and durability of a steel frame with a weight saving of approximately 30%. Until now, frames made from anything but steel were either too whippy, too fragile, too crudely finished, too expensive or all of these. The Vitus has a distinctive appearance, but it looks like a racing frame. It was race proven in the 1983 Tour de France by the SEM-Mavic team which rode well. Sean Kelly finishing 7th and Jonathan Boyer 12th. Vitus frames are already popular with U.S. triathletes and other racers. These frames are bonded together with a special adhesive. No heat is applied. This insures that the tube material will not be weakened. It also gives an even distribution of stress and provides elasticity that reduces shock. The deep, lustrous colors are anodized, and cannot chip as paint does.

Sizes: 13 sizes 48 through 60 cm measured from bottom bracket center to top tube center

Colors: Red, blue and silver anodized (all frames have adhesive decals with handsome Vitus graphics)

Tubing: Vitus Duralinox aluminum-magnesium alloy Bottom Bracket and Steering Tube Threads: English

Seatpost and Stem Diameters: 25.0 mm post, 22.2 mm stem Brake and Wheel Clearances: Normal or short reach brakes with 700c wheels, short reach only with 27"; recessed brake bolts required.

Attached Fittings: Bottom bracket cable guide, chain stay cable stop, water bottle bosses, shift lever bosses. The brake cable runs inside the top tube through a special housing. Seat post binder included.

Weight: 4 lb 7 oz. for 53 cm frame and fork with headset

Dimensions: For 53 cm frame—top tube 54 cm, wheelbase 97 cm, chain stay 41 cm.

When ordering specify the following: Size, color, and whether dropout spacing is for 5 or 6 speed hub axle.

Cat. No. 23-401 Vitus 979 Frame

\$495.00





# **Eddy Merckx Professional Frames**

These frames come from a collaboration between a great cyclist and a master frame builder. Eddy Merckx, with more than 500 racing victories including 4 world championships and 5 Tours de France, knows what a frame requires for winning performance. Throughout Merckx's professional racing career, Ugo De Rosa built his frames. De Rosa's reputation as a designer and craftsman is unsurpassed. Now Merckx has established a frame building workshop in his native Belgium, with Ugo De Rosa in charge of production. The result is the Eddy Merckx frame. These road racing frames are suitable for all kinds of riding giving both comfortable and responsive performance.

Sizes: 17 sizes, 48 through 64 cm measured from bottom bracket center to top tube center

Colors: Red, blue and anthracite baked enamel Tubing: Columbus SL double butted (59-61 cm use heavy gauge SP down tube, 62-64 all SP)

Lugs: De Rosa designed short point

Fork Crown and Bottom Bracket Shell: Cinelli investment cast

Brazing: Brass using a special De Rosa technique Bottom Bracket and Steering Tube Threads: Italian Seatpost and Stem Diameters: 27.2 mm post, 22.2 mm stem

Brake and Wheel Clearance: Normal or short reach brakes with 700c wheels, short reach only with 27"; recessed brake bolts required

**Brazed on Fittings:** Top tube cable guides, shifter bosses, water bottle bosses, chain stay cable stop, front derailleur boss, (Vitus cable guide clipped to underside of bottom bracket shell)

Weight: 6 lb 3 oz for 53 cm frame and fork with headset

Dimensions: For 53 cm frame—top tube 54 cm, wheelbase 97.5 cm, chain stay 41 cm

We recommend that you buy frames with headset installed. We will install it free if you buy the headset from us.

When ordering specify the following: Size, color, whether dropout spacing is for 5 or 6 speed hub

Cat. No. 23-402 Eddy Merckx frame \$595.00

Campagnolo Component Group—For Palo Alto, Vitus or Merckx Frames. You may purchase separately, but no substitutions. Includes Super Record: chainset (170 mm arms, 42×52), front derailleur (specify standard or brazed-on) rear derailleur, headset (Ital.), and seatpost (specify 27.2 or 25.0). Nuovo Record: bottom bracket (Specify Ital. or Eng.), shift levers (for brazed on bosses), hubs (36 hole, specify 5 or 6 speed), brakes (specify regular or recessed bolts, normal or short reach) and pedals (black superleggeri). Cat. No. 23-403

# **Brakes**

A. Sun Tour Superbe Brakes. High quality brakes at a very reasonable price. They have polished aluminum alloy calipers and a quick release that allows the brake to operate with its cam in any position. Cables pass through a hole clamp which applies pressure all around and does not deform them. Top tube cable clips included. Gum rubber lever hoods interchange with Campagnolo.

Cat. No. 24-401 Superbe Normal Reach Brake Set Cat. No. 24-402 Superbe Short Reach Brake Set

\$109.98

B. Campagnolo Record Brakes. Finely finised brakes with design characteristics which provide maximum braking control. Specify standard or

Cat. No. 24-403 Campagnolo Normal Reach Brake Set

Cat. No. 24-404 Campagnolo Short Reach Brake Set

\$108.98 \$108.98

C. Dia Compe Model G Brakes. A moderately priced brake, well finished, and with all the good side-pull stopping and control characteristics. Available with normal reach and also with the extra-long reach required by some bicycles.

Cat. No. 24-405 Dia Compe G Normal Reach Brake Set

Cat. No. 24-406 Dia Compe G Long Reach Brake Set

\$28.98 \$28.98

A Brake Set Includes: Brake calipers, brake levers with hoods, cores, and housing.

#### **Brake Fitting**

To determine the brake reach your bicycle requires, you must mount the wheels you will use in the frame, then measure the distance from the center of the centerbolt hole to the centerline of the rim. If the brake is to fit, your measurement must fall within the range from the top of the slot to the bottom of the slot indicated in the table.



A and B are top and bottom of slot respectively.

This is the distance you must know



| Measurement in. mm.  | Center of Slot | Top of<br>Slot | Bottom of Slot | Weight of<br>Brake Set |
|----------------------|----------------|----------------|----------------|------------------------|
| Campagnolo Normal    | 52             | 48             | 56             | 609 g.                 |
| Campagnolo Short     | 47             | 43             | 51             | 590 g.                 |
| Dia Compe "G" Normal | 50             | 43             | 57             | 630 g.                 |
| Dia Compe "G" Long   | 62             | 52             | 72             | 640 g.                 |
| Superbe Normal       | 53             | 47             | 57             | 535 g.                 |
| Superbe Short        | 45             | 40             | 50             | 520 g.                 |

## Brake Lever Hoods

Cat. No. 24-407 Campagnolo each

\$5.98

Cat. No. 24-408 Sun Tour Superbe, \$3.50

Cat. No. 24-409 Dia Compe G, each \$2.50

Cat. No. 24-410 Universal 68 and 51, each \$2.50

## **Brake Shoes**

Cat. No. 24-411 Campagnolo, each \$2.75

Cat. No. 24-412 Sun Tour Superbe. each, includes holder \$1.50

#### **Brake Cables**

Cat. No. 24-413 Campagnolo, front \$2.50

Cat. No. 24-414 Campagnolo, rear \$3.00

\$1.00

Cat. No. 24-415 Standard, front or rear

Cable Housing

Teflon Lined. Vinyl coated with a slick teflon interior sleeve to reduce friction. Black, gray and white Lengths: 2, 4, 6, and 8 feet. Eight feet is adequate for the brakes on the largest bicycle.

Cat. No. 24-416 Specify color and length. \$.50/foot

Standard, Vinyl coated, Black, white, red, blue and silver. Lengths: 2, 4, 6, and 8 ft.

Cat. No. 24-417 Specify color and length. \$.25/foot

Campagnolo. Gray only.

Cat. No. 24-418 Front \$3.25 Cat. No. 24-419 Rear \$3.75





**Ritchey Team Comp.** As the name implies, this is a bicycle designed for competition dirt riding. It has remarkably responsive handling. The Comp bicycle can take the punishment of allout racing on the most brutal courses, yet it has the feel of the finest lightweight road bike. It features many Ritchey design innovations that have made his bikes accepted as the state-of-the-art. Custom Columbus SP tubing is lugless fillet-brazed for clean lines and exceptional strength. The custom Unifork and twin strut handlebars are other Ritchey exclusives.

**Specifications** 

**Wheels:** Shimano Dura-Ace EX quick release hubs, Ambrosio Durex H.T. rims, 14-15 gauge stainless butted spokes, IRC 26× 1.75 tires.

Drive Train: Shimano XT 26-36-48 crank, Ritchey custom sealed bottom bracket, Sun Tour XC oval pedals, Shimano

Deore XT shifters, front and rear derailleurs, Shimano Uniglide chain, Shimano 12-28 freewheel.

Brakes: Shimano Deore XT cantilever with Magura levers. Headset: Avocet Model 30. Saddle and Post: Avocet Racing II saddle, SR Laprade post, Sun Tour 170 seat post quick release. Sizes: 19 inch, '20, 21, 22, 23 (measured center to center)

Color: Team red Weight: 25 lbs. (21" frame)

Ritchey Comp Frame with headset, bottom bracket and custom handlebar.

Cat. No. 25-401 Specify size.

Complete Ritchey Comp Bike, Shipped assembled, but knocked down.

\$975.00

Cat. No. 25-402 Specify size.

\$1345.00



Mountain Bike Applications. Mountain bikes are surprisingly versatile. Their comfortable ride, stability, and durable tires and wheels make them an excellent choice for commuting and utility riding. Off road touring is an exciting alternative to pavement riding, and mountain bike geometry and gearing make carrying loads easy. Mountain bike racing is becoming increasingly popular—a sport that demands skilled bike handling and good physical condition.

**Mountain Bike Wheel Parts.** Ambrosio rims are heat treated and anodized a gray color. They accept both 1.75 and 2.125 tire widths. Araya rims also accept both tire widths. Saturne rims take 1.75 tires for off road use or 1% tires for street cruising.

| Rims   | Weight | Cat. No. | Price ea. |
|--|--------|----------|-----------|
| A. Ambrosio Durex 26×1.75  | 495 g. | 25-403   | \$19.98   |
| B. Araya 7X 26×1.75  | 620 g. | 25-404   | \$14.98   |
| C. Specialized Saturne 26×1.5  | 465 g. | 25-405   | \$18.98   |
| Tires  | Weight | Cat. No. | Price ea. |
| D. Specialized TriCross 26×1.75  | 530 g. | 25-406   | \$14.98   |
| E. Specialized Crossroads 26×2.125   | 820 g. | 25-407   | \$14.98   |
| F. Specialized Street Stomper 26×1.75  | 750 g. | 25-408   | \$14.98   |
| G. Panaracer 26×2.125  | 900 g. | 25-409   | \$12.98   |
| IL DT Object to the state of th |        |          |           |

H. DT Stainless 14 Gauge Spokes. Lengths 265 mm, 268, and 270 to fit most mountain bike wheels. Specify length or hub, rim and cross pattern. Sold in 100's with nipples.

Cat. No. 25-410

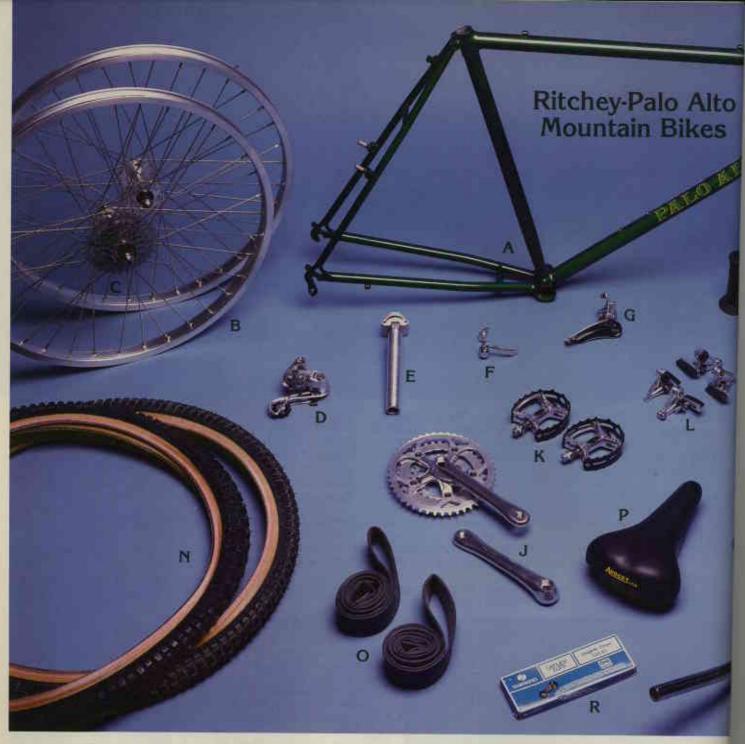
\$14.98



Tomasselli Brake Levers. These motorcycle style levers have excellent leverage allowing "two-finger" braking in rough conditions so that a firm grip on the handlebars is still possible. Extra tough aluminum alloy construction with rubber dust hoods on body and cable entry.

Cat. No. 25-412

\$34.98



A. Ritchey-Palo Alto Mountain Bike Frames. Tom Ritchey is acknowledged as a primary inventor of the mountain bike and as one of the world's most skilled frame builders. He is producing a limited number of frames for Palo Alto Bicycles. They are made of custom 4130 chrome-moly tubing, lugless fillet brazed and impeccably finished. Complete bicycles are also available with components especially selected for quality and compatibility. Unless you are transferring good components from another frame, we recommend that you purchase the complete bike which comes assembled but knocked down. For durability, riding pleasure and craftsmanship, no other mountain bikes match those built by Ritchey, and although the Ritchey-Palo Alto is by no means an inexpensive bicycle, it is an excellent value. Each frame comes with a Custom Ritchey Sealed Bottom Bracket and an Avocet Model II Headset installed.

Frame Specifications:

Sizes: 5 sizes 19-23 inches

Colors: Metallic Red and Metallic Green

Bottom Bracket and Steering Tube Threads: English

Seatpost and Stem Diameters: Seatpost 26.8 mm, stem 22.2

mm

Brazed-on Fittings: Top tube brake cable guides, bosses for cantilever brakes, water bottle bosses, thumb shifter cable guides, rack or fender bosses, bottom bracket cable guide Weight: 7 lbs. 15 oz. (22" frame), complete bike 29 lbs. Dimensions: For 22" frame—top tube 23", wheelbase 444" chainstay 17%". Dropout spacing is for 6 speed hub axle. When ordering specify the following: Size and color

Ritchey-Palo Alto Mountain Bike Frame

Cat. No. 26-401 \$550.00 Complete Ritchey-Palo Alto Mountain Bike with components described on page 27

Cat. No. 26-402

\$898.00



paint in metallic red or metallic green. Ritchey decal on head tube and Palo Alto decal on down tube. Special Ritchey sealed bottom bracket (not shown) is installed.

Frames are painted with durable Imiron

**Mountain Bike Components.** Together these parts make up our component group.

**B.** Wheels. Built with Shimano XT large flange hubs (6 speed), Araya 7X rims 26×1.75 and 14 gauge stainless steel spokes.

Cat. No. 27-402 \$109.98 Hubs, Shimano XT Large Flange (6 speed) Cat. No. 27-403 \$34.98 Rim Strips, Rubber 26×1.75 pair Cat. No. 27-404 \$1.00

C. Freewheel, Shimano 13-28 Cat. No. 27-405 \$19.98

D. Rear Derailleur, Shimano Deore XT Cat. No. 27-406 \$18.98

E. Seatpost, SR Laprade 26.8 mm diameter, 250 mm long

Cat. No. 10-417 \$13.98

F. Seat Post Binder, Suntour quick release Cat. No. 27-407 \$6.98

G. Front Derailleur, Shimano Deore XT Cat. No. 27-408 \$12.98

H. Grips, Ame black

Cat. No. 27-409 \$3.98

I. Brake Levers, Magura with leather hoods

Cat. No. 27-410 \$34.98

J. Chainset, Shimano 600 XT, 175 mm arms, triple chainwheels 26-36-46 Cat. No. 27-411 \$69.98

K. Pedals, Sun Tour XC-II "bear claw" with labyrinth seal

Cat. No. 27-412 \$24.98

L. Brakes, Shimano Cantilevers without levers

Cat. No. 27-413 \$21.98

M. Shifters, Sun Tour thumb controls
 Cat. No. 27-414 \$18.98
 Brake Cables and Housing, Ritchey approved heavy duty

Cat. No. 27-415 \$7.98

N. Tires, Panaracer 26×2.125 (group includes pair, each price below)

Cat. No. 25-409 \$12.98

O. Tubes, 26×1.75 schrader (group includes pair, each price below)
Cat. No. 27-416 \$4.98

P. Saddle, Avocet Touring I black
Cat. No. 10-401 \$19.98

Q. Handlebar and Stem, Ritchey designed "bullmoose"

Cat. No. 27-417 \$39.98

\$7.98

R. Chain, Shimano Uniglide Cat. No. 27-418





Carry your mountain bike to the best riding areas on a Yakima car top rack. The Load Warrior mount shown here makes loading and unloading a breeze. Details on page 13.

Mountain Bike Component Group.

This group has been especially selected for compatability with our Ritchey-Palo Alto frame, and for performance and value. You may also order the parts separately from the list at the right, but no substitutions are allowed in such specifications as freewheel ratios, crank chain-wheels and wheel components. Specifications may change without notice, but we will confirm any changes when you order.

Cat. No. 27-401

\$398.00

## Cranksets

**A. T.A. Cyclotouriste** Cranksets offer an exceptional range of touring gears. Due to the extremely wide range of middle and inner chainwheels, and the availability of all numbers of teeth, no compromise is necessary in choosing exactly the gearing you require. This crankset can be used with either two or three chainwheels, and it is easily converted from double to triple. Crank arms and chainwheels are finished with highly polished chrome plating.

Crank Arm Lengths: 165 mm, 170, 172.5, 175, and 180 Please specify. Chainwheels: Outer, 40 to 54 teeth. Inner and middle (triple) 26 to 50.

Please specify.

**Bottom Bracket Cup Threading:** English, French and Italian. *Please specify.* Crankset without bottom bracket deduct \$11.00 from price below. T.A. Double Crankset. **Cat. No. 28-401** \$76.98

T.A. Triple Crankset Cat. No. 28-402

\$84.98

**B. Sugino Aero Tour.** An economical crankset with a wide gear range. Forged Duralumin arms and chainwheels. Available in either double or triple models. For Sugino cranksets without bottom bracket deduct \$9.00 from prices below.

Standard Sugino A/T Double — 170 mm crank arms, 42×52 chainwheels. English bottom bracket. Cat. No. 28-403 \$69.98 Standard Sugino A/T Triple — 170 mm crank arms, 28×46×50 chainwheels, English bottom bracket. Cat. No. 28-404 \$77.98 Special Sugino A/T Cranksets. If you want to specify crank arm length, chainwheels or bottom bracket threads other than standard, order a special A/T crankset below:

Crank Arm Lengths: 170 mm and 175 Please specify.

**Chainwheels:** 24, 26, 28 (triple only) 34, 36, 38, 40, 42, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, *Please specify.* 

Bottom Bracket Cup Threading: English, French and Italian Please specify.

Special Sugino A/T Double Cat. No. 28-405 Special Sugino A/T Triple Cat. No. 28-406

\$81.98 \$92.98

**C. Avocet Racing.** Beautifully sculptured and finished crankarms with durable, extra-hard chainwheels. Available with standard Model I bottom bracket or the high precision Model 20.

Crank Arm Lengths: 170 mm and 175 Please specify. Chainwheels: 41 through 54 inner or outer. Please specify.

**Bottom Bracket Cup Threading:** English, French or Italian (Mod. 20 also available in Swiss). *Please specify.* For crankset without bottom bracket deduct price of bib. from bib. section from price below.

Racing Crankset with Mod I Bottom Bracket. Cat No. 28-407 \$101.96 Racing Crankset with Mod 20 Bottom Bracket. Cat No. 28-408 \$116.96

**D. Campagnolo Super Record.** An attractively finished and durable crankset.

**Crank Arm Lengths:** 165 mm, 170, 172.5, 175, 180. *Please specify.* **Chainwheels:** 41 through 54. Inner and outer interchange. *Please specify.* 

**Bottom Bracket Cup Threading:** English, French and Italian. *Please specify.* (Nuovo Record bottom bracket). For crankset without bottom bracket deduct \$18.50 from price below.

**Note:** Add \$5 to price below if crank arm or chainwheel combination is different from what is shown. Add \$10 if both are different.

Super Record Crankset 170 mm, 42×52 Cat. No. 28-409

\$136.50

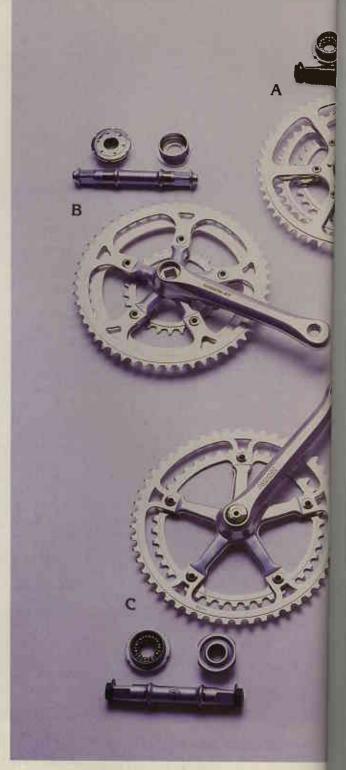
**E. Avocet Touring.** Touring crank arms have holes machined to allow mounting a third chainwheel directly to them. This method allows exceptional strength and stiffness. Choose either the standard Model I bottom bracket or the high-precision Model 20.

Crank Arm Lengths: 165 mm, 170, 172.5, 175. Please specify. Chainwheels: Inner, 24-40 (even only). Middle and outer, 41-54. Note: 41 is the smallest middle position chainwheel for a triple.

**Bottom Bracket Cup Threading:** English, French, Italian, Model 20 is also available in Swiss. *Please specify.* For crankset without bottom bracket deduct price of b.b. from b.b section from prices below.

Note: If you only want two chainwheels subtract \$12 from the price below

Touring Crankset with Mod. I Bottom Bracket. Cat. No. 28-410 \$119.96 Touring Crankset with Mod. 20 Bottom Bracket. Cat. No. 28-411 \$134.96



### A complete crankset includes the following:

Right and left crank arms (with English pedal threads) Chainwheels

Chainwheel fixing bolts and spacers (if used) Cupset with lockring and ball bearings Bottom bracket spindle with bolts and washers A chainset is a crankset without a bottom bracket.

When ordering a crankset specify the following:

- 1. Crank arm length (170 mm is standard).
- Chainwheel selection (42 and 52 are standard for double)
- 3. Bottom bracket cup threading. If threading is not known, specify brand of frame.



Chainwheel Interchangeability. Avocet and Campagnolo outer and middle chainwheels interchange. They also interchange with any other chainwheels that have a distance between bolt holes of 89.0 mm. Sugino A/T chainwheels (except triple 24, 26 and 28) fit Sugino GT, and old-style Mighty Tour and Maxy cranksets

Crank Arm Length: Short crank arms "spin" more easily than longer ones; longer ones give more leverage. Crankarm length should be related to leg length, but there is no precise formula. Most riders can use the 170 mm length effectively, and it is by far the most common.

**Bottom Brackets.** If you need to replace a worn out bottom bracket, consider getting the U.S. made Avocet Model 20. It is an extremely tough and precise unit. Bearing surface smoothness and hardness are unsurpassed. Computer aided manufacture insures that exact tolerances are held and materials have been selected for toughness. All parts interchange with Campagnolo. It will work on any crank we sell.

**Ordering Bottom Brackets** 

1. Specify cup threading. Cups marked 1.37×24 are English, 36×24 Italian, and 35×1 French or Swiss (the Swiss fixed cup has left hand threads). All our bottom brackets come in English, French or Italian; Mod. 20 Swiss also.

2. Specify the crankset you will use.

3. Specify the number of chainwheels on the crank. We only stock Campagnolo bottom brackets for double chainwheels; all others double or triple

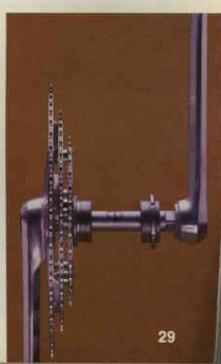
| Avocet Model   Bottom Bracket  | Cat. No. 29-401 | \$19.98 |
|--|-----------------|---------|
| Model I Cupset   | Cat. No. 29-402 | \$10.00 |
| Model   Spindle  | Cat. No. 29-403 | \$10.00 |
| Avocet Mod, 20 Bottom Bracket  | Cat. No. 29-404 | \$34.98 |
| Model 20 Cupset  | Cat. No. 29-405 | \$20.00 |
| Model 20 Spindle   | Cat. No. 29-406 | \$15.00 |
| Campagnolo N.R. Bottom Bracket   | Cat. No. 29-407 | \$36.98 |
| Campagnolo Cupset  | Cat. No. 29-408 | \$26.50 |
| Campagnolo Spindle   | Cat. No. 29-409 | \$22.50 |
| Sugino A/T Bottom Bracket  | Cat. No. 29-410 | \$17.98 |
| Sugino A/T Cupset  | Cat. No. 29-411 | \$9.00  |
| Sugino A/T Spindle   | Cat. No. 29-412 | \$9.00  |
| T.A. Bottom Bracket  | Cat. No. 29-413 | \$21.98 |
| T A Cupset   | Cat. No. 29-414 | \$11.00 |
| T.A. Spindle   | Cat. No. 29-415 | \$11.00 |
| The state of the s |                 | *       |

Crank Arms and Chainwheel Bolts. Avocet arm sets include

| Cat. No. 29-416 | \$53.98   |
|-----------------|---|
| Cat. No. 29-417 | \$59.98   |
| Cat. No. 29-418 | \$5.00  |
| Cat. No. 29-419 | \$5.00  |
| Cat. No. 29-420 | \$95.00   |
| Cat. No. 29-421 | \$12.50   |
| Cat. No. 29-422 | \$40.00   |
| Cat. No. 29-423 | \$1.50  |
| Cat. No. 29-424 | \$2.50  |
| Cat. No. 29-425 | \$3.50  |
|                 | Cat. No. 29-417 Cat. No. 29-418 Cat. No. 29-419 Cat. No. 29-420 Cat. No. 29-421 Cat. No. 29-422 Cat. No. 29-423 Cat. No. 29-424 |

**Chainwheels.** See crankset section for number of teeth available.

| for number of teeth available.                      |         |
|---|---------|
| Sugino A/T Triple 24, 26, 28 <b>Cat. No. 29-426</b> | \$8.98  |
| Sugino A/T 34-49<br>Cat. No. 29-427                 | \$9.98  |
| Sugino A/T 50-54<br>Cat. No. 29-428                 | \$12.98 |
| T. A. Inner<br>Cat. No. 29-429                      | \$9.98  |
| T. A. Outer<br>Cat. No. 29-430                      | \$11.98 |
| Avocet Inner Triple Cat. No. 29-431                 | \$12.00 |
| Avocet Double<br>Cat. No. 29-432                    | \$14.00 |
| Campagnolo Super Record<br>Cat. No. 29-433          | \$26.98 |





# Regina Freewheels

Regina CX freewheels offer smooth operation and a simplified cog attachment system. The body is constructed to close tolerances and the races are ground for precision. As a result CX freewheels run almost silently and without rough spots.

Regina Super Corsa Oro freewheels have been popular over the years because they offer light weight, a wide cog range, good cog availability and smooth operation. Both Oro and CX freewheels have multiple splines on their inner bodies for removal. This system is much more positive than notches and prevents damage to the body by the remover.

Regina CX Kits. Two kits are available, one for constructing racing ratios and one for touring ratios. With the CX6 kit you can make almost any 6 speed ratio beginning with 13 or 14 and ending with up to 24 teeth. With the CX6 Alpine go from 14 or 15 up to 31. Each kit includes a body, a splined remover, and 16 cogs for CX6, 15 for the Alpine kit,

Cat. No. 30-499 CX6 Kit \$49.98 Cat. No. 30-4001 CX6 Alpine Kit

\$49.98

# Sun Tour Freewheels

Sun Tour New Winner Ultra 6 and Ultra 7. Because Sun Tour's Ultra freewheels have closer cog spacing than conventional freewheels, the 6 speed is the same width as a regular 5 speed, and the 7 speed has only a 6 speed width. When cogs are added, a freewheel is widened, and the wheel must be offset so that the rim is centered. This "dishing" weakens the wheel, and the normal 6 speed wheel approaches the practical limit of offset. Ultra freewheels offer an additional cog without increasing offset. They must be used with a narrow chain such as the Sedisport or Regina CXS. Sun Tour freewheels have English threads. They are durable and smooth running.

**Pro Compe** freewheels will accommodate up to a 34 tooth cog for an exceptionally low gear. They are economically priced, smooth running and replacement cogs are widely available. See table for ratios. We offer the Pro Compe Ultra 6 in a 14-17-20-24-28-34 ratio.

Pro Compe Ultra 6 14-34 Cat. No. 30-4003 \$21.98

Freewheel Cogs. Order cogs by giving us the complete ratio of the freewheel in which the cogs will be used. Circle the cogs you are ordering.

CX Cog Cat. No. 30-4004 \$5.00
Super Corsa Oro Cog Cat. No. 30-4005 \$5.00
Winner Ultra Cog Cat. No. 30-4006 \$5.00
Pro Compe Cog Cat. No. 30-4007 \$4.00

|                    | Number and Price      |         | Number and Price |         | Number and Price |         |
|--------------------|-----------------------|---------|------------------|---------|------------------|---------|
| Cog Ratio 5 Speeds | Sun Tour<br>Pro Compe |         | Regina CX        |         | Regina Oro       |         |
| 13-14-15-16-17     | -                     |         | 30-401           | \$22.98 | 30-402           | \$14.98 |
| 13-14-15-17-19     | 200                   |         | 30-403           | \$22.98 | 30-404           | \$14.98 |
| 13-15-17-19-21     | 122                   |         | 30-405           | \$22.98 | 30-406           | \$14.98 |
| 13-15-18-21-24     |                       |         | 30-407           | \$22.98 | 30-408           | \$14.98 |
| 13-16-20-23-26     | -                     |         | 30-409           | \$25.98 | 30-410           | \$16.98 |
| 13-16-20-24-28     |                       |         | 30-411           | \$25 98 | 30-412           | \$16.98 |
| 13-16-20-26-31     | 100                   |         | 30-413           | \$25.98 | 30-414           | \$16.98 |
| 14-15-16-17-18     | 30-415                | \$10.98 | 30-416           | \$22 98 | 30-417           | \$14.98 |
| 14-15-16-18-20     | -                     |         | 30-418           | \$22 98 | 30-419           | \$14.98 |
| 14-15-17-19-21     | 30-420                | \$10.98 | 30-421           | \$22.98 | 30-422           | \$14.98 |
| 14-16-18-20-22     | 30-423                | \$10.98 | 30-424           | \$22 98 | 30-425           | \$14 98 |
| 14-16-18-20-23     | -                     |         | 30-426           | \$22 98 | 30-427           | \$14.98 |
| 14-16-18-21-24     | 30-428                | \$10.98 | 30-429           | \$22 98 | 30-430           | \$14.98 |
| 14-16-19-22-26     | 30-431                | \$12.50 | 30-432           | \$25 98 | 30-433           | \$16.98 |
| 14-17-20-24-28     | 30-434                | \$12.50 | 30-435           | \$25.98 | 30-436           | \$16.98 |
| 14-17-20-26-31     | _                     |         | 30-437           | \$25 98 | 30-438           | \$16.98 |
| 14-18-22-26-32     | 30-439                | \$12 50 | _                |         |                  |         |
| 14-18-22-28-34     | 30-440                | \$12.50 |                  |         |                  |         |
| 15-16-17-18-19     | 100                   |         | 30-441           | \$22 98 | 30-442           | \$14 98 |
| 15-16-17-19-21     | - 8                   |         | 30-443           | \$22 98 | 30-444           | \$14 98 |
| 15-17-19-21-23     |                       |         | 30-445           | \$22 98 | 30-446           | \$14 98 |

|                     | Sun Tour | New     |        |         |        |         |
|---------------------|----------|---------|--------|---------|--------|---------|
| Cog Ratios 6 Speeds | Winner U | Itra 6  | Regi   | na CX   | Regina | Oro     |
| 12-13-14-15-16-17   | -        |         | 30-447 | \$26 98 | 30-448 | \$17.50 |
| 12-13-14-15-17-19   |          |         | 30-449 | \$26 98 | 30-450 | \$17.50 |
| 13-14-15-16-17-18   | 30-451   | \$22 50 | 30-452 | \$26 98 | 30-453 | \$17.50 |
| 13-14-15-16-18-20   | 30-454   | \$22 50 | 30-455 | \$26.98 | 30-456 | \$17 50 |
| 13-14-15-17-19-21   | 30-457   | \$22 50 | 30-458 | \$26 98 | 30-459 | \$17.50 |
| 13-15-17-19-21-23   | 30-460   | \$22 50 | 30-461 | \$26 98 | 30-462 | \$17.50 |
| 13-14-16-18-21-24   | 30-463   | \$22 50 | 30-464 | \$26.98 | 30-465 | \$17.50 |
| 13-15-17-20-23-26   | 30-466   | \$25 50 | 30-467 | \$28 98 | 30-468 | \$18 50 |
| 13-15-17-20-24-28   | 30-469   | \$25 50 | 30-470 | \$28 98 | 30-471 | \$18.50 |
| 13-15-18-21-26-32   | 30-472   | \$25 50 |        |         |        |         |
| 14-15-16-17-18-19   | -        |         | 30-473 | \$26.98 | 30-474 | \$17.50 |
| 14-15-16-17-19-21   | -        |         | 30-475 | \$26.98 | 30-476 | \$17.50 |
| 14-15-16-18-20-22   |          |         | 30-477 | \$26 98 | 30-478 | \$17.50 |
| 14-15-17-19-21-23   | -        |         | 30-479 | \$26 98 | 30-480 | \$17.50 |
| 14-16-18-20-22-24   |          |         | 30-481 | \$26 98 | 30-482 | \$17.50 |
| 14-16-18-20-23-26   |          |         | 30-483 | \$28 98 | 30-484 | \$18.50 |
| 14-16-18-20-24-28   |          |         | 30-485 | \$28.98 | 30-486 | \$18.50 |
|                     |          |         |        |         |        |         |

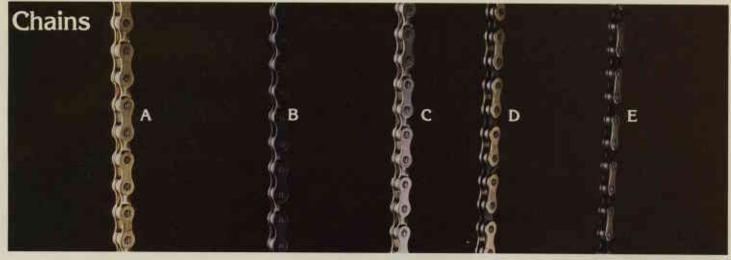
| Con Deline 7 Counts  | O T.    |         |
|----------------------|---------|---------|
| Cog Ratios 7 Speeds  | Sun Tou | ir New  |
|                      | Winner  | Ultra 7 |
| 12-13-14-15-16-17-19 | 30-487  | \$25 50 |
| 12-13-14-16-18-20-22 | 30-488  | \$25.50 |
| 12-13-15-17-19-21-24 | 30-489  | \$25.50 |
| 12-13-15-17-20-23-26 | 30-490  | \$29.50 |
| 12-14-16-18-21-24-28 | 30-491  | \$29.50 |
| 12-14-16-18-21-26-32 | 30-492  | \$29.50 |
| 13-14-15-16-17-18-19 | 30-493  | \$25.50 |
| 13-14-15-16-17-19-22 | 30-494  | \$25.50 |
| 13-14-15-17-19-21-24 | 30-495  | \$25.50 |
| 13-14-16-18-20-23-26 | 30-496  | \$29.50 |
| 13-14-16-18-20-24-28 | 30-497  | \$29.50 |
| 13-15-17-19-21-26-32 | 30-498  | \$29 50 |
|                      |         |         |

Custom Freewheels. If none of the stock ratios offered meets your needs, we will assemble any cog sequence you want. Please note that there are position limitations on these freewheels, so not all ratios are possible. If the freewheel you want has cogs that are not shown in any stock ratio, verify that the cogs are made for that position before ordering. Note that Regina does make a 21 tooth cog for the third from the largest position.

Cat. No. 30-4002 Custom labor.

More Information Available. Request Palo Alto Bicycles Data Sheet "Chainwheels and Free-wheels—Gear Selection" with any order, or send a self-addressed, stamped envelope for it.





A. Sedisport Gold. A smooth running and smooth shifting chain that works well on narrow spaced (ultra) and standard freewheels. Long wearing, hardened pins. Gold finish. 335 g. Cat. No. 31-401 \$8.98

**B. Sedisport Black.** Same as above with black finish. 335 g. **Cat. No. 31-403** \$4.98

**C. Sedisport Silver.** Same as gold, but with a bright silver finish. 335 g

Cat. No. 31-402 \$8.98

## Superlight Parts

Those who want to have the lightest possible bicycle can save weight by using these parts. The weight of a comparable standard part is in parentheses following superlight weight.

**A.** Alloy Rear Derailleur Bolts. Fit Campagnolo only and replace the gear pivot bolt and gear spring bolt.

Cat. No. 31-406 Weight 15 g. (34 g.)

\$8.98 pr.

B. Alloy Brake Cable Adjusters. Fit Campagnolo.

**Cat. No. 31-407** Weight 12 g. (22 g.) \$7.98 pr.

C. Alloy Seat Binder Bolt. For 9 mm hole. Lengths: 25 mm and 28.5 mm.

Cat. No. 31-408 Weight 7 g. (10 g.) \$4.98

D. Titanium Brake Centerbolts (fit Campagnolo only)

 Cat. No. 31-409 Front Weight 13 g. (28g.)
 \$9.98

 Cat. No. 31-410 Rear Weight 11 g. (24 g.)
 \$9.98

E. Titanium Brake Centerbolts for Recessed Hole. Fits Campagnolo only.

**Cat. No. 31-411** Front Weight 11 g. (24 g.) \$9.98 **Cat. No. 31-412** Rear Weight 9 g. (20 g.) \$9.98

F. Alloy Bottom Bracket Lock Ring. English, French or Italian threads

Cat. No. 31-413 Specify threading Weight 5 g. (12 g.) \$1.98

G. Alloy Chainwheel Bolts. Fits most standard cranksets. Set of 5.Cat. No. 31-414 Weight 5 g. (24 g.)\$9.98

## Cable Guides and Cable Stops

A. Campagnolo Bottom Bracket Guide Cat. No. 31-419 \$5.98
B. Campagnolo Chain Stay Cable Stop Cat. No. 31-420 2.98

C. Brazed on Shifter Boss Adapters Cat. No. 31-421 6.98 (Convert shifter bosses into cable guides for use with handlebar shifters)

D. Sun Tour Bottom Bracket Guide Cat. No. 31-422 1.98

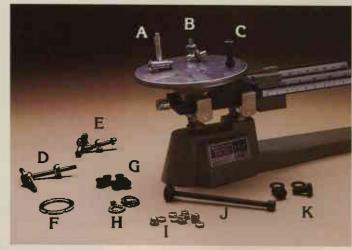
E. Sun Tour Chain Stay Cable Stop Cat. No. 31-423 .98F. Campagnolo Handlebar Shift Cable

Stop Cat. No. 31-424 3.98
G. Sun Tour Handlebar Shift Cable Stop Cat. No. 31-425 1.98

**D. Regina Oro.** A standard derailleur chain, brass plated for smooth cog engagement and good looks. 370 g. Cat. No. 31-404 \$7.98

**E. Regina CXS.** An extra narrow chain designed for narrow spaced (ultra) freewheels, but will decrease noise and improve shifting on any freewheel. 315 g.

Cat. No. 31-405 \$24.98



**H. Alloy Washers.** Fit Campagnolo standard and brazed-on shift levers.

Cat. No. 31-415 Weight 4 g. (8 g.) \$1.98 pr.

I. Alloy Brake Nuts. Set of 8.

Cat. No. 31-416 Weight 8 g. (23 g.)

\$2.98

J. Alloy Expander Bolt for Stems. Fits Cinelli and TTT stems (except aero).

Cat. No. 31-417 Weight 22 g. (63 g.) \$4.98

K. Alloy Crank Arm Bolts. 15 mm for Avocet, Campagnolo, and T.A.

Cat. No. 31-418 Weight 12 g. (30 g.) \$4.98 pr.



# Derailleurs and Shift Levers





Get the best gear and derailleur match. Request Data Sheet "Chainwheels and Freewheels—Gear Selection".

Campagnolo Nuovo Record. Traditional racing derailleurs. Rear has 28 tooth freewheel capacity. Shifters clamp to downtube.

| Shifters Cat. No. 32-401 68 g         | \$16.98 |
|---------------------------------------|---------|
| Rear Derailleur Cat. No. 32-402 205 g | \$49.98 |
| Front Derailleur Cat. No. 32-403 93 g | 25 98   |

Campagnolo Super Record. Rear derailleur has titanium pivot bolts. Front and rear have black trim. Nuovo Record shifters without clamp for mounting on brazed-on bosses.

| The state of the s | JJCJ    |
|--|---------|
| Shifters. Cat. No. 42-404 40 g   | \$16.50 |
| Rear Derailleur Cat. No. 42-405 190 g  | \$73.98 |
| Front Derailleur Cat. No. 42-406 88 g  | \$27.98 |
| Front Derailleur (Braze on) Cat. No. 42-407 91 g   | \$29.98 |

New Sun Tour Superbe Pro. Beautifully sculpted levers are also functional. Brazed-on model fits Campagnolo bosses. Rear derailleur has sealed bearings in wheels (which also fit Campagnolo), alloy mounting bolt and 26 tooth freewheel cog capacity. Front derailleur has endless band mounting and cutout cage.

| Shifters (with clamp) Cat. No. 42-408 55 g | \$19.98 |
|--|---------|
| Shifters (braze-on). Cat. No. 42-409 38 g  | \$19.98 |
| Rear Derailleur Cat. No. 42-410 175 g      | \$39.98 |
| Sealed Derailleur Wheels. Cat. No. 42-411  | \$ 9.98 |
| Front Derailleur, Cat. No. 42-412 82 g.    | \$19.98 |

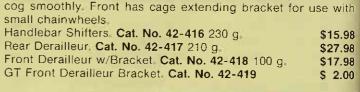
Sun Tour Cyclone II. Shifters attach with "endless clamp" and have "synchro-shift" that automatically trims front derailleur when rear is shifted. Rear derailleur has 24 tooth freewheel capacity. All adjusting and clamping bolts are recessed on front and rear derailleurs.

| Shifters Cat. No. 42-413 72 g         | \$13.98 |
|---------------------------------------|---------|
| Rear Derailleur Cat. No. 42-414 162 g | \$26.98 |
| Front Derailleur Cat. No. 42-415 95 g | \$15.98 |









Sun Tour Cyclone II GT. For touring Ratchet handlebar shifters do not slip and can be precisely controlled. Includes cables, housing and stop. Rear derailleur handles up to 34 tooth



Sun Tour ARX and VX. Standard derailleurs and shifters VX Shifters Cat. No. 42-420 82 g. \$ 7.98 ARX GT Rear Derailleur Cat. No. 42-421 278 g. \$13.98 ARX Front Derailleur Cat. No. 42-422 91 g. \$ 8.98

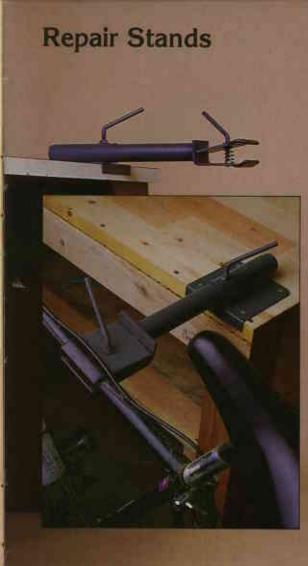
Huret Duopar. Excellent rear derailleur for handling gear ratios with large jumps between cogs. Handles 34 tooth cog. Cat. No. 42-423 \$29.98



## Shift Cables

| Othic Cubi   | ÇO                          |
|--------------|-----------------------------|
| Campagnolo   | Front. Cat. No. 42-424      |
| Campagnolo   | Rear Cat. No. 42-425        |
| Standard Fro | ont or Rear Cat. No. 42-426 |
| Sun Tour Hai | ndlebar Cat. No. 42-427     |

\$1.75 ea. \$1.75 ea. \$1.00 ea. \$2.50 ea.



Bench Mount Repair Stand. This version of our popular repair stand is designed to mount on a work bench. It can also be clamped to any convenient support, and since it is very compact, it can be carried to races or tours and mounted on support vehicles. The clamp is identical to the one on our free-standing stand, and can be completely rotated. Use 4 screws for permanent mounting on a work bench, or a "C" clamp for temporary mounting. Weight: 3 lb. 14 oz.

Cat. No. 33-401

Repair Stand For convenience and efficiency a bicycle must be held secure and stable at the correct height when repairs and adjustments are being made. All areas should be accessible and moving parts free to operate. Most repair stands with these features are designed for bike shop use and are heavy, bulky, and expensive. Our stand is completely adjustable so that the area where you want to work can be precisely positioned. The stand's clamp can be raised or lowered, and the bike can be clamped on the seat tube or top tube, then rotated to any orientation. The clamp is coated and will not mar paint. The neck on the column is of proper length to provide pedal clearance. Weight: 11 lbs. 5 oz.

Cat. No. 33-402

- · Heavy Duty Construction
- No-Scratch Clamp
- 360° Clamp Rotation
- · Adjustable Height
- Durable Textured Finish



**A. Waterless Hand Cleaner.** Carry in your spare tire/tube bag and use to remove grease and rim glue after on-the-road repairs

Cat. No. 33-403 2 oz. \$1.25

**B. Simichrome.** For polishing metal parts. Will not scratch fine finishes. **Cat. No. 33-404** 50 q. \$3.50

C. Park Storage Hooks. Hang bikes from wall or ceiling. Many uses. Hook has non-scratch coating.

Cat. No. 33-405

\$.98 each

\$1.98

**D. Triflow Lubricant.** An all purpose lubricant containing teflon, Penetrating and long lasting.

Cat. No. 33-406 2 oz.

E. Dri-Slide Aerosol. A dry film lubricant that does not attract dirt, and since it displaces water, it can be used after wet rides to help reduce rust. Spray on chains and derailleurs.

Cat. No. 33-407 5.25 oz

F. Dri-Slide Spout. Excellent for hard-to-reach places like brake spring retainers and cable guides.

Cat. No. 33-408 4 oz. \$3.98

G. Cycle Oil. For general lubrication of bicycle parts.

Cat. No. 33-409 7 oz \$1.25

H. Gold Seal Grease. Waterproof and stable at high temperatures.

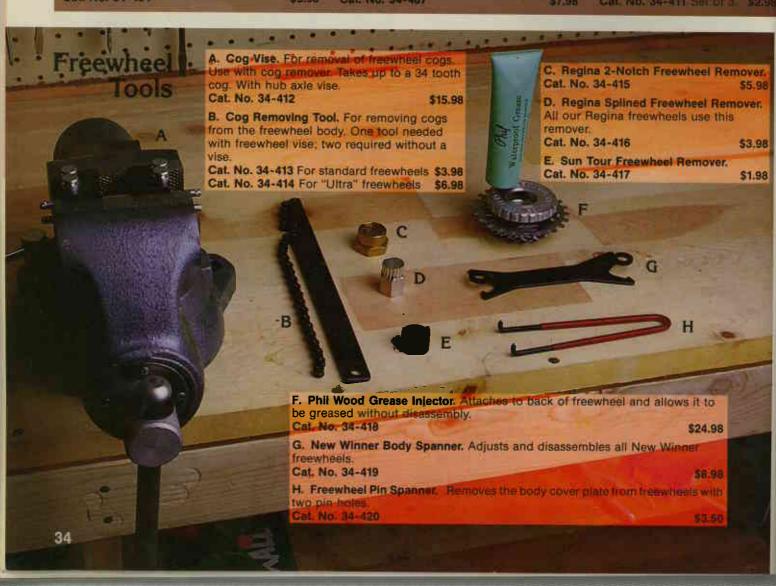
I. Phil Wood Grease. Waterproof. Cat. No. 33-411 3 oz \$1.9

Cat. No. 33-410 2 oz.

J. Campagnolo Special Grease (not shown).
Cat. No. 33-412 100 g. \$4.50

\$1.25





# Tools and Accessories for Drive Train and Hubs

Cat. No. 35-406

Cat. No. 35-407

Cat. No. 35-408

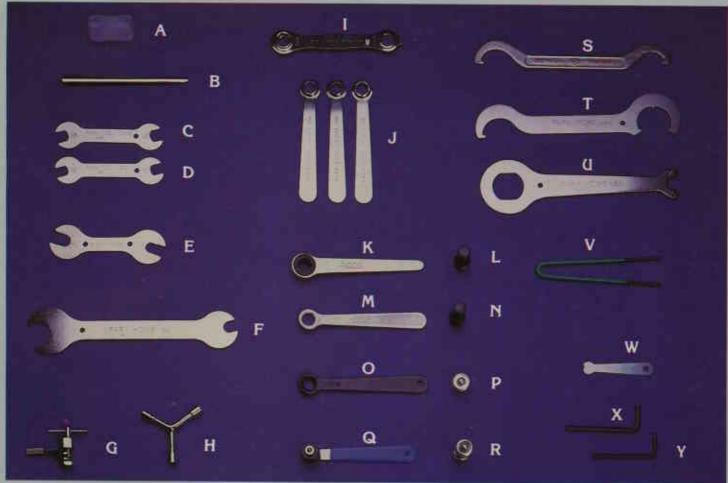
ing on rides.

structions and spare pin.

G. Cyclo Chain Rivet Extractor. With in-

H. Y Wrench. 8, 9, 10 mm. Ideal for carry-

Palo Alto Bicycles Data Sheet available: "Installation and maintenance of drive train parts."



| - 1 - 1   |  | К 1   |
|---|--|---|
| . Bottom Bracket Sleeve.  | I. Park Universal Crank Wrench. 14, 15,  | S. Universal Lock Ring Tool. One end fits                                 |
| at. No. 35-401 \$.98  | and 16 mm wrenches plus 5 mm allen key   | all bottom bracket lock rings, the other,                                 |
| c. Chain Stay Protector. Contoured stainess steel. Prevents paint nicks.      | and dust cap screwdriver.  Cat. No. 35-409 \$10.98                                   | lock rings found on some headsets.  Cat. No. 35-419 \$8.98                |
| at. No. 35-402 \$1.98   | J. Park Crank Bolt Wrenches. 14 mm (fits   | T. Lock Ring Tool. One end fits Avocet                                    |
| . Park Cone Wrench 13-14 mm. Two  | Sugino AT), 15 mm (fits Avocet Campag-<br>nolo and TA) and 16 mm (fits Stronglight). | and Campagnolo, the other end fits all brands.                            |
| its Avocet and Campagnolo.  | Cat. No. 35-410 Specify size. \$3.98   | Cat. No. 35-420 \$7.98  |
| Cat. No. 35-403 \$2.50  | K. 15 mm Avocet Crank Wrench.  | U. Adjustable Cup Fixed Cup Tool. One                                     |
| D. Park Cone Wrench 15-16 mm. Fits apanese hubs.                              | Cat. No. 35-411 \$8.98   | end is a pin spanner for Avocet and Campagnolo adjustable cups. The other |
| cat. No. 35-404 \$2.50  | L. Avocet Crank Extractor. Cat. No. 35-412 \$6.98                                    | end is a fixed cup wrench that fits most                                  |
| . Combination Cone Wrench. One end  |  | Cat. No. 35-421 \$8.98  |
| as 13 and 14 mm openings; the other 15-                                       | M. 15 mm Campagnolo Crank Wrench.  |   |
| 6 mm.<br>6at. No. 35-405 \$3.98   | Cat. No. 35-413 \$7.25   | V. Universal Adjustable Cup Tool. A pin                                   |
| at. No. 35-405 \$3.98   | N. Campagnolo Crank Extractor.   | spanner that fits all bottom bracket ad-                                  |
| . Headset and Pedal Wrench. Two tools equired to adjust headsets, or one tool | Cat. No. 35-414 \$9.98   | justable cups.  Cat. No. 35-422 \$3.50                                    |
| nd a large adjustable spanner. 15 mm  | O. 15 mm T.A. Crank Wrench.  | W. Chainwheel Nut Tool.   |
| edal wrench fits all metric pedals.   | Cat. No. 35-415 \$4.00   | Cat. No. 35-423 \$.98   |

\$3.00

\$8.50

\$4.98

P. T.A. Crank Extractor.

R. Sugino AT Extractor.

Q. Park Universal Crank Extractor.

Cat. No. 35-416

Cat. No. 35-417

Cat. No. 35-418

\$3.98

\$4.98

\$.75

\$1.00

X. 6 mm Allen Key. For stem expander

Y. 5 mm Allen Key. For chainwheel bolts and crank dustcaps.

and binder bolts.

Cat. No. 35-424

Cat. No. 35-425

# **Specialized Clincher Tires**

**Touring** 

Tire casings are made from nylon cords to take both road punishment and high internal pressure. Tread is durable, and at the same time supple to resist cracking and to provide good traction. A raised center ridge gives increased wear, and the mixed herringbone and ribbed tread on the sidewalls provides cornering traction.

Touring II Touring II tires offer the same strength and durability as the regular touring tires with a significant weight saving. Touring II casings are made from extra fine cords, but otherwise all Touring tires have identical construction

Touring K4 A layer of durable Keviar material sandwiched between the nylon casings gives this tire excellent puncture resistance. If you have trouble with punctures while commuting or touring, this is the tire for you. Apart from the Keviar layer, construction is the same as other Touring tires.

Clltra Light The Ultra Light is a narrow cross section tire suitable for racing and sport riding on an unloaded bicycle. The weave of the casing is especially fine for strength and suppleness. With a light tube its weight is comparable to a medium weight tubular. For use on narrow rims only.

Turbo Riders who have used the Turbo compare its performance to that of tubulars. The narrow Turbo/S is a good racing tire, whereas the Touring Turbo's wider cross section makes it suitable for use on bicycles which will be loaded or ridden on rough roads. The Turbo folds compactly and is ideal for carrying as a spare.

Touring X Bicycle campers, who load their bikes heavily, and tandem riders will appreciate the wide cross section and extra thick tread of the Touring X. This tire has all the features of the rest of the Touring line along with extra bulk to take punishment, and a unique X-shaped tread design.

Expedition The Expedition is the widest tire that will fit in a conventional 10-speed frame making it excellent for use on on loaded tandems or heavily loaded touring bikes that will be ridden or rough roads. The heavy-duty casing is matched to a very thick herringbone tread for long wear and good traction.

| Model         | Best Use  | Size   | Pressure/PSI | Threads/In. | Weight/g.                              | Cat. No.   | Price  |
|---------------|---|--|--------------|-------------|--|--|--|
| Touring       | Light to heavy touring depending on width, commuting. | 27×1<br>700×25<br>27×1½<br>700×28<br>27×1¼<br>700×32 | 95           | 36          | 300<br>300<br>325<br>325<br>345<br>345 | 37-401<br>37-402<br>37-403<br>37-404<br>37-405<br>37-406 | \$8.98<br>8.98<br>8.98<br>8.98<br>8.98<br>8.98 |
| Touring II    | Touring, commuting.                                   | 27×1<br>700×25<br>27×1%<br>700×28                    | 95           | 66          | 270<br>270<br>290<br>290               | 37-407<br>37-408<br>37-409<br>37-410                     | 9.50<br>9.50<br>9.50<br>9.50                   |
| Touring K4    | Commuting, Touring.                                   | 27×1%<br>700×28<br>27×1%<br>700×32                   | 95           | 36          | 350<br>340<br>360<br>350               | 37-411<br>37-412<br>37-413<br>37-414                     | 14.98<br>14.98<br>14.98<br>14.98               |
| Ultra Light   | Training, racing.                                     | 27×1<br>700×25                                       | 95           | 106         | 235<br>235                             | 37-415<br>37-416   | 10.98<br>10.98                                 |
| Turbo/S       | Training, racing.                                     | 27×1<br>700×25                                       | 100          | 106         | 195<br>195                             | 37-417<br>37-418   | 14.98<br>14.98                                 |
| Touring Turbo | High performance touring, training.                   | 27×11/8<br>700×28<br>27×11/4<br>700×32               | 95           | 66          | 250<br>250<br>280<br>280               | 37-419<br>37-420<br>37-421<br>37-422                     | 14.98<br>14.98<br>14.98<br>14.98               |
| Touring X     | Heavy touring, tandems.                               | 27×1¼<br>700×32                                      | 95           | 36          | 400<br>400                             | 37-423<br>37-424   | 9.50<br>9.50                                   |
| Expedition    | Heavy touring on rough roads.                         | 27×1%<br>700×35                                      | 75           | 36          | 475<br>475                             | 37-425<br>37-426   | 10.50<br>10.50                                 |

Information to help you choose tires. Palo Alto Bicycles Data Sheet "Wheels and Tires to Meet Your Needs" can answer your questions. Send a self-addressed, stamped envelope with your request, or ask for it when you place an order.



**Tubes** Our tubes are high-quality butyl rubber with valves vulcanized on. One inch tubes should be used with narrow rims. Twenty-seven inch and 700C rims use the same tube. Schrader valves are the type used on automobile tires; presta valves are the narrow metal type.

| Tube                             | Compatible Rim      | Cat. No. | Price  |  |
|----------------------------------|---------------------|----------|--------|--|
| 1 Inch Presta                    | 1" or 25 mm.        | 37-427   | \$2.98 |  |
| 1 Inch Schrader                  | 1" or 25 mm.        | 37-428   | \$1.98 |  |
| 1%-1¼ Inch Presta                | 1%-1¼" or 28-32 mm. | 37-429   | \$2.98 |  |
| 1%-1¼ Inch Schrader              | 1%-1¼" or 28-32 mm. | 37-430   | \$1.98 |  |
| 1 Inch Presta Ultralight (75 g.) | 1" or 25 mm.        | 37-431   | \$3.98 |  |



- F. Clement Paris-Roubaix. Hand-made silk. A good allpurpose tire with a cross-section wide enough for rough roads and weight light enough for racing.
- G. Clement Criterium. Hand-made silk. The standard racing tire, light with a narrow cross section.
- H. Clement Campionato del Mondo. A wide cross section silk tire particularly suited to heavy riders, rough roads and loaded bicycles.
- I. Wolber Invulnerable. A fine layer of stainless steel mesh is applied between the casing and tread of this tire. Resists the penetration of sharp objects, reducing punctures. Cotton.
- J. Vittoria Giro del Mondo. A light tire at an economical price. For competition or general use by light riders. Cotton.
- K. Vittoria Leone. Heavy casing and tread guarantee a long lasting tire. For training and use on rough roads. Cotton.
- L. Vittoria Mondiale. An economical, well made tubular for training and general use. Cotton.
- M. Vittoria Corsa CX. The most popular tire among European racers, who demand tires they can depend on. Casing of the finest long-fiber cotton.
- N. Vittoria Pave CG. Extremely tough with a wide cross section for good rim protection. An extra layer of fabric beneath the tread improves puncture resistance, Cotton.

Clement Campionato del Mondos have a ribbed tread; all other tubulars have a mixed tread.

| Tire                       | Weight | Use                  | Cat. No. | Price   |
|----------------------------|--------|----------------------|----------|---------|
| Clement<br>Paris-Roubaix   | 275 g. | Training, racing     | 38-406   | \$28.98 |
| Clement<br>Criterium Seta  | 250    | Racing               | 38-407   | 28.98   |
| Clement<br>Del Mondo       | 290    | Training.<br>touring | 38-408   | 29.98   |
| Wolber<br>Invulnerable     | 285    | Training, commuting  | 38-409   | 19.98   |
| Vittoria Giro<br>Del Mondo | 260    | Racing               | 38-410   | 19.98   |
| Vittoria Leone             | 330    | Training             | 38-411   | 14.98   |
| Vittoria<br>Mondiale       | 290    | Training             | 38-412   | 12.98   |
| Vittoria<br>Corsa CX       | 250    | Racing               | 38-413   | 28.98   |
| Vittoria Pava<br>Corsa CG  | 290    | Training, racing     | 38-414   | 28.98   |



D and F. Silca Impero-Frame Fit Pumps. These pumps require no holding clip when used on a frame smaller than 25 inches. They are light, can reach high pressures, their tough plastic bodies will not dent, and they come in colors to complement any frame. A compression spring in the handle holds them firmly between the frame tubes. Chrome finished pumps (D) look good on any frame. Colored pumps (F) are available in black, white, silver, red, dark blue, light blue and yellow. Specify size and color—sizing information at right.

**Pump Head** Chrome Pump Colored Pump None 39-412 39-413 \$8.98 \$7.98 Silca Plastic Presta 39-414 9.98 39-415 8.98 Campagnolo Plastic Presta 39-416 12.98 39-417 11.98 Campagnolo Steel Presta 39-418 14.98 39-419 13.98 Primus Plastic Presta 39-420 11.98 39-421 10.98

E. Zefal HP Pumps. These pumps can reach high pressures on tires with either presta or schrader valves. A thumb lock on the schrader head prevents air loss when the pump is used. Umbrella clip included. Short pumps fit frames up to 22 inches; long pumps fit frames over 22 inches.

Cat. No. 39-422 Short pump
Cat. No. 39-423 Long pump

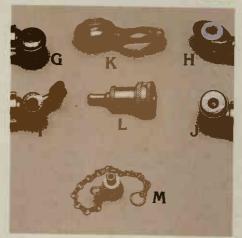
A. Silca Floor Pump. This is the best high pressure pump available. Its brass presta air chuck has an air tight seal. An extremely efficient pump, it is capable of reaching 170 lbs. per square inch pressure with minimum effort.

Cat. No. 39-401

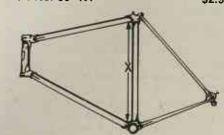
B. Standard High Pressure Pump.
This inexpensive but well made pump comes with a schrader thumb lock fitting.
Cat. No. 39-402 \$9.98

C. Reservoir Pump. This pump includes an easy-to-read air gauge and a reservoir that makes pumping easy at high pressures. Schrader thumb lock.

Cat. No. 39-403 \$15.98



Pump Heads and Accessories G. Campagnolo Plastic Pump Head Cat. No. 39-404 \$4.98 H. Silca Plastic Pump Head Cat. No. 51-406 \$.98 I. Campagnolo Steel Pump Head Cat. No. 39-406 \$7.98 J. Primus Plastic Schrader Head Cat. No. 39-407 \$3.50 K. Campagnolo Umbrella Clip Cat. No. 39-408 \$7.50 L. Silca Brass Chuck. Cat. No. 39-409 \$2.98 Cat. No. 39-410 Spare grommet. \$.98 M. Schrader Adaptor. Insert in schrader thumb lock to allow pumping presta tubes. Cat. No. 39-411 \$2.98



Pump Fitting. For proper pump fitting measure the distance marked "X" on your frame. Send this measurement to us along with your pump color. Note: This is not frame size. If you are replacing a pump, you can tell us the size stamped on the end of the old pump, but be sure to tell us "body size," otherwise we will assume it is the "X" measurement.

\$8 98

\$8.98

#### Rollers and Wind Trainers

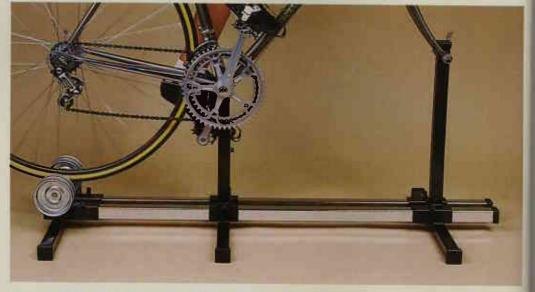


Al Kreitler Challenger Rollers. Kreitler rollers stand head and shoulders above any others in durability, quietness smooth riding and general craftsmanship. PVC drums 4½" in diameter and 15 inches wide are lathe turned to roundness within 2 thousandths of an inch. Permanently lubricated sealed bearings are nearly frictionless. Kreitler rollers are so quiet and

smooth that you can watch TV or listen to music while you ride. They adjust to fit bikes with 39 to 44 inch wheel bases. The belt is recessed so that it cannot be derailed by the tires. Legs have rubber caps to protect the floor and there is plenty of floor clearance even for shag rugs. They fold for easy storage. Cat. No. 40-401

Road Simulator. This is the best-designed and best-built windload training stand available. It offers stability, heavy duty construction and convenience features not found in other training stands. For stability it has double rails, a cross member under the bottom bracket and a fork support that retains the bicycle's full wheelbase. Rails have heavy-duty truck bumper chrome and baked-on epoxy paint to resist sweat corrosion. Easy to assemble, and no tools are needed to attach or remove your bicycle. Adjusts to fit any size bicycle Doubles as a repair stand

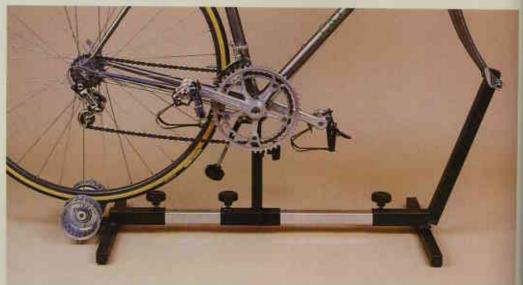
Cat. No. 40-402 \$189.98



Standard Wind Trainer. This fully adjustable wind-load trainer will give you good workouts at a very reasonable price. Squirrel cage fan unit runs on smooth, quiet sealed bearings. Bottom bracket shell is supported by a coated cradle that gives clearance for under-shell cables. A coated hook firmly clamps the bottom bracket while the fork is held by a standard wheel quick release.

Cat No. 40-403 \$79.98

Palo Alto Bicycles Data Sheet Available. Send a self addressed, stamped envelope for "Training Aids and Training Programs", or request one with any order



# **Technical and Touring Books**

The Bicycle Wheel by Jobst Brandt

This book is both a guide for building true and lasting wheels and a complete analysis of the wheel as a structure. The wheel building method is straightforward and works for any lacing pattern and with any components. The technical section provides essential background for the builder by answering basic questions about how wheels work and how different designs and components affect performance. Profusely illustrated. Hardbound. Published by Avocet, Inc.

Cat. No. 41-401

\$9.98

The Ten Speed Bicycle

A guide book aimed at answering both basic and advanced questions on equipment selection, set-up and maintenance of the ten speed bicycle.

Cat. No. 41-402

\$11.98

The Custom Bicycle

Packed with information on selecting, setting-up, and riding a quality bicycle. The frame section includes profiles of well known builders, as well as a detailed discussion of tubes, lugs and frame geometry.

Cat. No. 41-403

\$10.98

**Bicycling Science** 

A detailed study of the measurable aspects of human power and human powered machines. Includes information on braking, steering, friction, air drag, transmissions and gearing, speed-record machines and the history of the bicycle. Cat. No. 41-404 \$9.98

### Designing and Building Your Own Frameset

Even if you decide that you don't want to build a frame after reading this book, the information you have learned will be invaluable in selecting a stock or custombuilt frame. Very detailed information on design, materials, and construction technique New, revised edition.

Cat. No. 41-405

\$34.98

Glenn's Complete Bicycle Manual

A 339 page well illustrated book which concentrates just on maintenance. Very complete.

Cat. No. 41-406

\$10.98

**Bicycle Frames** 

A close-up look at frame materials, measurements, and building techniques. 43 pages.

Cat. No. 41-407

\$2.50

Guide to Bicycles and Bicycling

by Fred DeLong

A complete guide to all areas of cycling such as buying a bike, riding techniques, repair, accessories, competition, and safety. Over 400 photos and illustrations. Cat. No. 41-408 \$9.98

The All New Complete Book of Bicycling by Eugene A. Sloane

A revised and expanded edition of the original complete guide to all aspects of bicycles and bicycling. Clothbound, 736 pages.

Cat. No. 41-409

\$19.98

Runner's World Bike Book

This 225 page book, illustrated with more than 100 photos and drawings, is written for cyclists of all abilities. The author, himself a veteran rider, explains bike handling, vehicular cycling and repair, with instructions for a complete overhaul.

Cat. No. 41-410 \$9.98

## Outfitting and Source Book for Bicycle Touring

Contains a comprehensive, illustrated discussion of touring equipment; a state-by-state listing of route information; an international touring section; and lists of suppliers, organizations and general information sources. Clothbound.

Cat. No. 41-411

\$14.98

**Bicycle Touring in Europe** 

This book concentrates on the popular touring countries of Western Europe, giving information on geography and roads, bicycle rentals, maps, accommodations, climate and access for 13 countries.

Cat. No. 41-412

\$4.98

Bike Touring - Sierra Club Guide

A basic manual on touring, with all aspects from planning to riding techniques covered. Excellent for the beginner, with plenty of information for more advanced riders.

Cat. No. 41-413

\$8.9

Pacific Coast Bicentennial Bike Route

A very complete guide to the scenic coastal route and invaluable for finding routes through metropolitan areas. Detailed maps begin at the Oregon border and cover the approximately 1000 miles to the Mexican border.

Cat. No. 41-414

\$3.98

Adventure Cycling in Europe

by John Rakowski

Mr. Rakowski believes that the cyclist will get more out of his tour if he is willing to visit places that are off the beaten track such as the Aegean coast of Turkey. Topics include what equipment to take; how to prepare psychologically; where to get visas, passports, and touring information.

Cat. No. 41-415

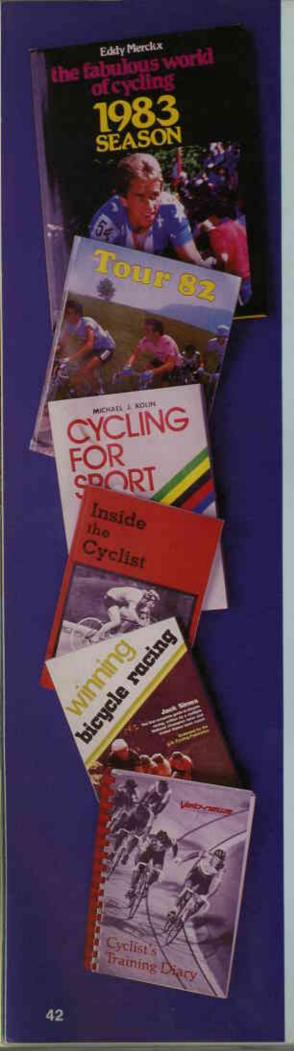
#### **Miles From Nowhere**

The inspiring story of a couple's roundthe-world cycling journey. A cyclist's view of people and scenery from the American mid-West to the mountains of Nepal.

Cat. No. 41-416

\$14.98





### Racing and Training Books

**Cycling for Sport** 

This book by cycling coach Michael J. Kolin tells you how to develop your cycling technique, then apply your skills to a training program. Tips on proper bike set-up, improving your pedal stroke, and learning to sprint, climb hills and corner will give you a head start to improved performance.

Cat. No. 42-401

\$10.98

Cyclist's Training Diary

You can significantly improve your training and performance by keeping a training diary. This one is particularly convenient because entries are not pre-dated—they are broken down into 52 weekly segments, but you can begin on any date. Each daily entry has space for recording sleep, weight, pulse, food, miles, workout type, course, weather and remarks, plus a summary section. Includes inspirational photos and quotations.

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A beautiful picture book of the most important races of 1983, a season dominated by the brilliant riding of Greg LeMond. Perfect for any cyclist's coffee table. Hard bound, 192 pages.

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The story of the 1979 Tours of France and Italy. Includes a stage by stage account of the action in these famous races and many dramatic photographs.

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The stories of the 1982 Tour de France and Giro d'Italia. Same format as Tour '79.

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The story of the great European races in words and pictures. Same format as Tour '79.

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The Bernard Hinault Story

A racing biography in words and pictures of a man who has dominated European racing in the late '70's and early '80's as Eddy Merckx did the decade before.

Cat. No. 42-408

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The Three M's: Merckx, Maertens and Moser

Biographies and race records of three world champions and central figures in cycling in the decade of the '70's.

Cat. No. 42-409

\$5.98

Inside the Cyclist

An anthology from *Velo-News* filled with practical advice and supporting theory on how to prepare the body for racing or for a long tour.

Cat. No. 42-410

\$9.98

**Food for Fitness** 

The proper diet for the active athlete is discussed by physicians and coaches. 141 pages.

Cat. No. 42-411

\$4.98

Runner's World Triathlon Training Book by Mark Sisson with Ray Hosfer

Learn the right way to train for the popular triple fitness sport that combines cycling, swimming and running from one of the country's best triathletes. Cycling strategy and equipment tips are included. The author finished 4th in the 1982 Ironman Triathlon.

Cat. No. 42-412

\$6.98

Winning Bicycle Racing by Jack Simes This is a how-to-do-it book on bicycle racing in the United States. An excellent book for those who are considering racing, or those who have just obtained their racing license. Included are 83 photos

Cat. No. 42-413

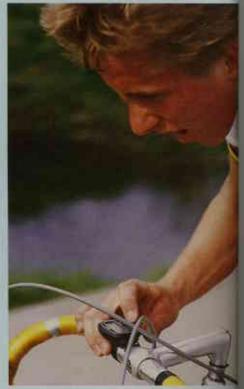
\$7.98

**Beginning Bicycle Racing** 

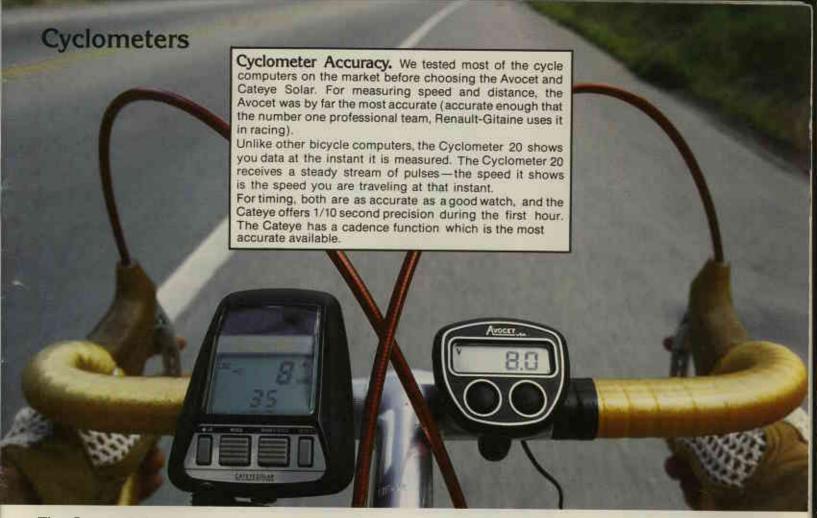
A thoughtful and personal introduction to the sport of bicycle racing. Discusses the demands and rewards of racing Machinery, training and racing skills also receive detailed treatment.

Cat. No. 42-414

\$12.98



World champion Greg LeMond training with the Avocet Cyclometer 20



The Cateye Solar Cyclocomputer is powered by two silver oxide batteries that are recharged by solar cells. It offers numerous functions and provides information for touring, racing or training. Speed is constantly displayed in either miles or kilometers per hour. Other functions include elapsed time, trip distance, average speed, maximum speed, total distance, cadence and clock time. There is also an alarm that can be set to sound at a set time, distance or speed. The Cateye Solar is easily calibrated for any wheel size (0 to 118 inch diameter) by entering a number through a special button. A calibration table is provided, or you can measure your wheel circumference and convert it to a calibration number. Speed reads from 0 to 71 mph in 1 mph increments. Time is given to tenths of a second for the first hour, to seconds from 1 to 10 hours, and to the minute over ten hours up to 1000 hours. Pedalling cadence is measured from a magnet attached to the crankarm. It reads from 15 to 300 rpm in 1 rpm increments.

Cat. No. 43-401

\$75.98

**How can you use a bicycle computer to help you train.** The Palo Alto Bicycles Data Sheet "Training Aids and Training Programs" will answer your questions.

Huret Cyclometer. The completely silent Huret cyclometer eliminates the ticks and clicks commonly associated with mechanical bicycle cyclometers. It attaches to the front wheel and is self contained. Includes a resettable trip odometer and a cumulative mileage odometer.

Cat. No. 43-402

\$9.98



**Avocet Cyclometer 20.** The U.S. made Avocet electronic Cyclometer 20 is a precise, easy to use, compact and inexpensive cycling data source. It measures speed and distance with 99.9 percent average accuracy because it can be calibrated for exact wheel size even taking into account variations caused by tire pressure and tread wear.

**Easy Operation.** The large control buttons click to indicate changes in function. Speed, trip distance, cumulative mileage and elapsed time are displayed in one-third inch tall digits. Timer and trip distance functions are resetable.

Calibration. A calibration table comes with each instruction sheet. Simply entering the appropriate number through the control buttons makes the Cyclometer ready to use. To take full advantage of the unit's precision you can easily determine the dynamic circumference of your tires, and by the formula given convert it to a calibration number.

Compact and Easily Installed. The Cyclometer measures only 2 inches across and weighs about 1 ounce. It mounts by sliding into the handlebar bracket, and it can be quickly removed when not in use. Installation is very simple.

Energy Efficient. Patented (CMOS) circuitry in the Cyclometer 20 requires so little energy that there is no need for a power switch. The inexpensive battery lasts more than three years.

Precise, On-Line Data. Unlike other bicycle computers, the Cyclometer 20 shows you data at the instant it is measured. Other systems that receive only intermittent pulses from the wheel must average data then display it seconds late. The Avocet Cyclometer receives a steady stream of pulses—the speed it shows is the speed you are traveling at that instant. Speed reads in 0.5 (miles or kilometers per hour) increments, trip distance in 0.1 increments and cumulative distance in whole numbers. The timer shows seconds and minutes up to one hour, then hours and minutes to 12 hours.

Avocet Cyclometer 20 English Cat. No. 43-403 \$24.98
Avocet Cyclometer 20 Metric Cat. No. 43-404 \$24.98
Spare Transmission and Mounting Kit Cat. No. 43-405 \$7.98

#### Handlebar Packs



Eclipse Standard (left). A handlebar pack with plenty of space for most touring needs. Made from 8 oz. Cordura nylon, it includes a map case and the patented Eclipse suspension. Weight: 20 oz. Capacity: 540 cu. in. Colors: Red, blue and gray

\$45.00

Cat. No. 44-401 Specify color.

Eclipse Professional (right) A large pack with eight separate pockets. The Eclipse suspension fits easily on the handlebar stem and is stabilized by shock cords tensioned to the fork. Shoulder strap included. Weight: 24 oz. Capacity: 610 cu. in. Colors: Red, blue and gray

Cat. No. 44-402 Specify color. \$65.00

Express Metro (left) Made by Eclipse. This economical handlebar pack has many features found in more expensive bags including the patented Eclipse suspension. Weight: 10 oz Capacity: 400 cu. in. Colors: Red, blue and gray

Cat. No. 44-403 Specify color. \$21.98

Express Sport (right). An economical handlebar pack designed for day touring and commuting. It has a large main compartment and two mesh side pockets. Made from tough nylon oxford cloth. Map case included. Weight: 10 oz. Capacity: 420 cu. in. Colors: Red, blue and gray

Cat. No. 44-404 Specify color.

\$31.98



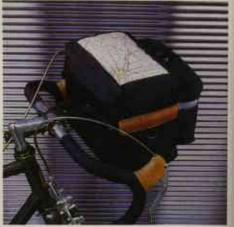


Kirtland ST II (left). Has 7 external pockets and 4 internal pockets. Features "Ultra" support system that clamps bag securely to the handlebar stem and requires no shock cord stabilizers, Includes shoulder strap, Weight: 31 oz, Capacity: 724 cu, in. Colors: Red, blue and black

Cat. No. 44-405 Specify color.

Kirtland XT II (right). Has large front compartment, two envelope pockets on the sides, aluminum stiffener and integrated map case. Support frame slides into leather channels and locks to bag with snap clips. Weight: 25 oz. Capacity: 511 cu. in. Colors: Red, blue and black

Cat. No. 44-406 Specify color. \$59.98





Pursuit 7 (left) Made by Kirtland. A large, but economically priced handlebar pack, it has 5 roomy external pockets including two side mesh compartments. Includes map case, three internal dividers, shoulder strap and key keeper. Weight: 16 oz Capacity: 715 cu. in Colors: Red, blue and black

Cat. No. 44-407 Specify color.

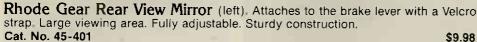
Pursuit 3 (right), Has a wrap-around zippered main compartment with double pulls and two mesh side pockets, Includes bright front reflector, All Pursuit packs are made from durable 8 oz. Cordura nylon. Weight: 25 oz. Capacity: 380 cu. in. Colors: Red, blue and black

Cat. No. 44-408 Specify color.

\$24.98







Third Eye Rear View Mirror (right). Fits any helmet. Screws firmly to shell. Cat. No. 45-402 \$7.98



**Kirtland Camera Carrier** protects your camera and lenses from vibration and shock with layers of dense, closed-cell foam. Movable partitions, Fits in all handlebar packs.

Cat. No. 45-403

\$21.98

**A.** Pursuit Tool Roll. Keeps tools organized and eliminates rattling and scratching when metal contacts metal. Holds everything you want to take on an extended tour. Black only.

Cat. No. 45-404 \$8.9

**B.** Pursuit Pocket Pack. More than just a wallet. The pocket pack will hold your passport, credit cards, money plus toiletries and a first aid kit. Keep these valuable and frequently used items separate from the rest of your gear and easily accessible. The pocket pack fits conveniently in any touring bag. Black only.

Cat. No. 45-405 \$14.98

C. Tekna-Strap. Convert your Tekna light into an emergency headlight with this strap. Attach it to your wrist or to the handlebar. The self-adjusting buckle conforms to muscle expansion and contraction to keep a perfect fit. This is ideal for attaching leg lights or for use as a watch band, ¾" by 13" Velcro with stainless steel buckle.

Cat. No. 45-406 \$6.98

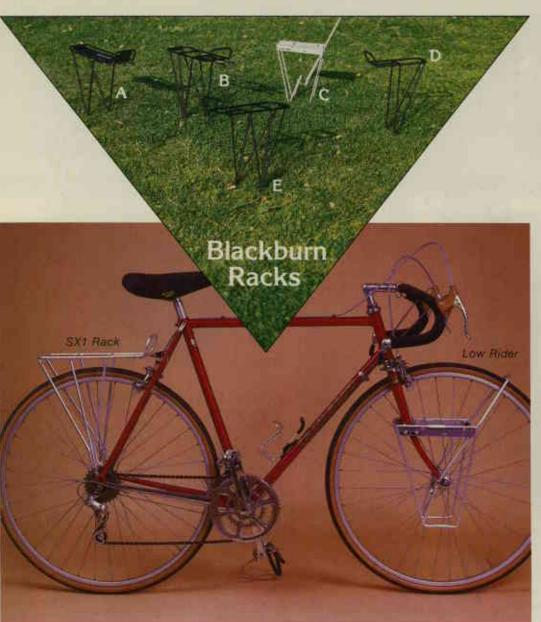
**D. Tekna-Lite 2.** State-of-the-art flashlight. Body is made from impact resistant Lexan which is waterproof to a depth of 2000 feet. Turns on by rotating the lens. Uses 2.5 power magnifying lens which shows detail with great clarity. Powered by two AA cells (not included) it produces as much light as larger flashlights. Black only.

Cat. No. 45-407 \$11.98

**E. Tekna Micro-Lite.** Only 4 inches long and weighs less than 2 ounces with batteries. Carry one in your tool or spare bag in case you are caught by darkness. Waterproof to 2000 feet. Uses 2 "N" batteries (not included). Black only

Cat. No. 45-408 \$6.98





A. Mountain Rack. Although it was designed for the rigors of mountain bike touring, this rack fits any touring bike. Constructed from heat treated large gauge aluminum rod with a special front strut for strength, and a wide platform for rigidity. Hardware included to mount on either seat stays or brake bolt. Fits up to 23½ inch frame. Weight: 550 g.

Cat. No. 46-401 Silver \$23.98 Cat. No. 46-402 Black \$25.98

**B. SX1 Expedition Rack.** A rugged rack for touring with heavy loads. It has plenty of clearance for use on mountain bikes. Mounts either on brazed-on seat stay bosses or with clips (included). Fits almost any frame. Weight: 560 g.

**Cat. No. 46-403** Silver \$23.98 **Cat. No. 46-404** Black \$25.98

C. Low Riders. Holds panniers low and centered over the front wheel. This is the optimal placement for handling stability. Attaches to fork eyelets and to fork blades with coated clamps. Sold in pairs with hardware. Weight 580 g. per pair.

**Cat. No. 46-405** Silver \$27.98 **Cat. No. 46-406** Black \$29.98

**D. Adjustable Front Rack** holds panniers or can be used as a platform for carrying tent or sleeping bag. Adjusts to different sized frames. Weight: 290 g.

Cat. No. 46-412 Silver \$19.98 Cat. No. 46-413 Black \$21.98

E. Adjustable Rear Rack. A stainless steel tongue attaches to the brake centerbolt. By adjusting the tongue, the rack can be leveled on frames of various sizes. Frames larger than 24 inches require the special AR-2 rack. Weight: 425 g.

Cat. No. 46-408 Silver \$21.98
Cat. No. 46-409 Black \$23.98
Cat. No. 46-410 AR-2 Silver \$29.98
Cat. No. 46-411 AR-2 Black \$31.98



Blackburn Rack Straps (left). Heavy elastic webbing in two pieces for holding down both sides of the load.

Cat. No. 46-414 \$4.98
Blackburn Custom Eyelets (center) let
you put a rear rack on frames with Campagnolo or similar dropouts without eyelets.

Cat. No. 46-415 \$4.50 Eclipse Seat Post Thing allows a handlebar pack to be used as a very stable and easily removed seat bag.

Cat. No. 46-416 \$15.00





Kirtland LT II Kirtland calls their new panniers "Generation II." The suspension system has been redesigned and all the hardware upgraded to make these the most advanced bags available. They are clamped to the rack by means of a rotating lever. Retractable hooks grip the bottom of the rack. Pannier backs are protected by a hard "sway-guard" plate. The LT II's are perfect for use with a Low Rider front rack. Colors: Red, blue and black. Weight: 49 oz. Capacity: 1600 cu. in.

Cat. No. 47-401 Specify color.

\$99.98

Kirtland ST II. Plenty of space is provided for carrying gear on a long camping tour. Six external pockets and the large top loading main compartment with a unique aluminum hold-open bar organize and stabilize the load. Generation II panniers have an aerodynamically efficient profile and a center of balance 20% lower than previous models. For use as luggage off the bike they snap together and stand up conveniently. The ST II features an "air dry" mesh pocket for drying wet gear as you ride. Colors: Red, blue and black. Weight: 59 oz. Capacity: 2,200 cu. in. Cat. No. 47-402 Specify color. \$139.98

Pursuit 7. Kirtland designed and produced panniers at a very reasonable price. They are made from durable 8 oz. Cordura nylon and include 6 roomy external pockets per set. Zippered "Air Dry" mesh pockets allow wet clothing to dry as you ride. Colors: Red, blue and black. Weight: 47 oz. Capacity: 2400 cu. in.

Cat. No. 47-403 Specify color. \$83.98

Pursuit 3. Front-rear panniers perfect for use on a Low Rider front rack. Pursuit panniers feature a horizontal tension spring and hook style suspension and a poly stiffener with integrated hold open bar. The Pursuit 3's have two side pockets plus two mesh "Air Dry" pockets. Colors: Red, blue and black. Weight: 40 oz. Capacity: 1425 cu. in.

Cat. No. 47-404 Specify color. \$58.9

Kangaroo Black Sage. Designed for mountain bikes, but perfect for any kind of touring mounted on a front or rear rack. Black waterproof "ballistic" nylon resists abrasion and heavy-duty suspension uses ¾" nylon cross straps for exceptional stability. Includes main compartment with elasticized hood, zippered valuables pocket and side slot tool pocket. Compression straps stabilize load. Weight: 24 oz. Capacity: 1750 cu. in.

Cat. No. 47-405 \$69.9

Kirtland Blazer. The Leverlock suspension system really performs during rough, off-road use. The pannier is locked to the rack, and the sway guard plate prevents abrasion and eliminates swaying. Deep rear pockets fit fuel and water bottles and don't snag brush; zipper pocket in top flap Use on front or rear rack. Black only. Weight: 49 oz. Capacity: 1850 cu. in.

Cat. No. 47-406

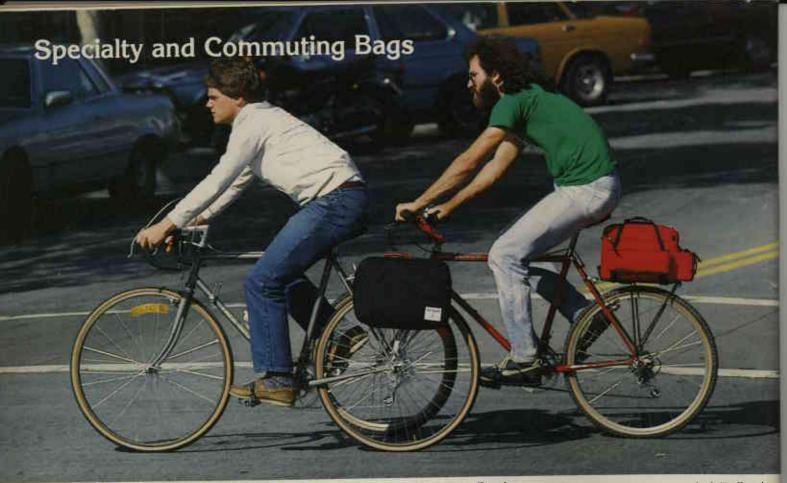
\$129.98











Kirtland Attache Pannier. This briefcase-style pannier has a hook and spring suspension system which can be zipped into its own compartment when the bag is off the bicycle. A full wrap-around zipper gives easy access to its six inside compartments and dividers. The Attache comfortably holds legal-size papers, plus gear such as windbreaker, lock and books. The black nylon fabric is waterproofed. Weight: 26 oz Capacity: 515 cu. in.

Cat. No. 48-401 Sold singly

\$59.98

Pursuit Racketeer. The main compartment is fully lined and insulated which makes it ideal for carrying beverages. Four roomy, zippered external pockets organize items. Attaches to rack by nylon web straps with quick-release buckles. Web carrying with a leather grip make it convenient to carry off the bicycle. 8 oz. Cordura nylon construction. Reflector attached. Colors: Red, blue and black. Weight: 15 oz. Capacity: 800 cu in. \$41.98

Cat. No. 48-402 Specify color.



Blazer Rack Pack. Offroad riding requires packs that attach securely and control shifting of the load. This pack attaches with two 1" mountingcompression straps, easy to use and very stable. Closed-cell foam at top and bottom of main compartment protects gear. Three external pockets and D-rings for shoulder straps. Black only. Weight: 15 oz. Capacity: 750 cu. in.

Cat. No. 48-403

\$49.98



Express Rack Duffel. A utility bag as useful off the bicycle as on it. Fits any rear rack with easy-to-attach Velcro straps. Features a net side pocket, an interior stiffener, and D-rings for an optional shoulder strap. Colors: Red, blue and gray. Weight: 12 oz. Capacity: 900 cu. in.

Cat. No. 48-404 Specify color.

\$29.98



Seat Bags

Kirtland Fas-Paks. Kirtland's Fas-Pak series of under-the-saddle bags combines a clean wedgeshape design with the usual Kirtland sturdy construction and careful detailing. All three are made from black Cordura nylon. The Fas-Pak 80 holds 2 spare tubulars or tube, patch kit, and tools. It has an exterior zipper pocket for wallet and keys. The Fas-Pak 290 offers the capacity of a medium-sized seat bag with an unobtrusive wedge shape. Along with the essentials, there is room for items such as a windbreaker and snacks. It has a unique and stable 3-point suspension, a plastic stiffener, and reflective safety stripe. The Fas-Pak 470 gives the capacity of a handlebar pack in the under seat location many riders prefer. All the features of the Fas-Pak 290 are included with room for the gear needed on day and even non-camping overnight trips. Pack number is the same as its capacity in cubic inches.

Cat. No. 49-401 Fas-Pak 80 \$15.98 Cat. No. 49-402 Fas-Pak 290 \$35.98 Cat. No. 49-403 Fas-Pak 470 \$39.98

A. Hot Pursuit has a neat wedge shape that eliminates pedaling interference. Attaches to saddle rails and to seat post Capacity: 150 cu. in. Colors: Red, blue and black. Cat. No. 49-404 Specify color. \$10.98

B. Eclipse Vector features a unique support system that gives unequalled stability and ease of removal. A bracket is attached to the saddle rails, and the bag's support frame simply slides into it. A Velcro loop secures the bag to the seat post. Capacity: 280 cu in. Colors: Black and gray.

Cat. No. 49-405 Specify color. \$34.98





**Kirtland Tucker Pack** (top) comfortably holds tube, patch kit and tire irons. Wrap around zipper. Fastens under seat with a Velcro strap. **Capacity:** 30 cu in. **Colors:** Red, blue and black.

Cat. No. 49-406 Specify color. \$6.98

Kangaroo Tool Bag (middle), Carries one or two spare tubes and tools necessary for on-the-road repairs. Nylon mounting strap and Velcro seat post strap. Capacity: 40 cu. in. Colors: Blue, burgundy and gray.

Cat No. 49-407 Specify color. \$6.9

Burley Utility Bag (bottom). Carries spare tubular or folding clincher, plus patch kit, tools and spare tube. Coated nylon construction with a Velcro strap. Capacity: 40 cu. in. Colors: Red, blue, yellow and black.

Cat. No. 49-408 Specify color. \$7.50



